

January 2012



Cultural Places, Natural Spaces

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2* City Holiday	3 Holiday Camp	4 AISD No School Ultimate Frisbee	5 Explosion	6 Kids' Choice	7
8	9 NSC K-2nd Crab Soccer	10 DAC K-2nd Toe Tag	11 NSC 3rd-5th Steal the Bacon	12 DAC 3rd-5th Blind Relay	13 Kids' Choice Gym/Board games	14
15	16* City Holiday	17 DAC 3rd-5th Aliens from Outer Space	18 NSC 3rd-5th Flag Tag	19 DAC K-2nd Capture the Flag	20 Kids' Choice Gym/Board games	21
22	23 NSC K-2nd Chinese New Year Dragon Cookies	24 DAC K-2nd Knock Out	25 NSC 3rd-5th Dragon Cookies	26 DAC 3rd-5th Soccer	27 Kid' Choice Gym/Board games	28
29	30 NSC K-2nd Capture the Flag	31 DAC 3rd-5th Flag Tag	1	2	3	4

Parque Zaragoza After School Program

2608 E. Gonzales St.
Austin, TX 78702

Contact: Manuel Villalobos
Phone: 512-472-7142
Fax: 512-494-1158
E-mail: manuel.villalobos@ci.austin.tx.us

Central Programs Enrichment Team
DAC=Dougherty Arts Center
NSC=Nature Science Center

✧ = Important Dates
Jan. 2 - New Years Observed
Jan. 16 - MLK Day





Recreation Center Enrichment Activity Plan

Specialist Name: Manuel Villalobos Activity Title: Blind Relay

Age Group 5-12 Activity Length 45min. Date: Jan. 12

Goals & Objectives: Use of verbal communication skills to build leadership and teamwork skills. Building of trust amongst peers

Supplies:

- Hula-hoops
- Bean Bags
- Blind folds or handkerchiefs
- Sports ball (any)

Steps/Procedure: Split group into partners. Staff may need to partner kids up themselves. One partner from each pair must be blindfolded before course is set up. Once blindfolds are on, scatter hula-hoops and sports balls around the gym as obstacles. Place bean bags on opposite side of the room/gym. Line partners up on baseline, with groups side by side. Give instructional example of how exercise should go before beginning game. Use simple verbal commands, no touching, count steps, stay calm, walk and speak quietly are some guidelines for a successful run. Give groups 5 min. to practice before beginning. Game is played until all bean bags have been retrieved. Groups must pick up one bean bag at a time and bring it back to original starting point. Group with most bean bags win. If at any time the blindfolded person runs into an obstacle he/she must return to the start line and start over. Try switching partners or changing the layout of the obstacle course to change up the game.

Conclusion/Review: Ask kids what worked for their groups and what didn't work.

After School Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <u>Holiday</u>	3 <u>C-Day</u>	4 <u>C-DAY</u> <u>Laws in Motion</u>	5 <u>Home Work</u> <u>Fruit Cup</u> <u>Hot potato</u> <u>Bird Day</u>	6 <u>Cheese Stick</u> <u>Horse relays</u> <u>Bean Art</u>	7
8	9 <u>Home Work</u> <u>Carrots/Dressing</u> <u>Don't crack</u> <u>snowmen</u>	10 <u>Home Work</u> <u>Animal Crackers</u> <u>Freeze dance</u> <u>Water and ice</u>	11 <u>Home Work</u> <u>Fruit Cups</u> <u>1,2,3.show</u> <u>Polar bear</u>	12 <u>Home Work</u> <u>Pop Corn</u> <u>Mt.Lion and Deer</u> <u>Rice is Nice</u>	13 <u>Fruit Snacks</u> <u>Orange</u> <u>Standing pinball</u> <u>Follow Germs</u>	14
15	16 <u>C-Day</u>	17 <u>Home Work</u> <u>Apple</u> <u>Cone toss</u> <u>MLK</u>	18 <u>Home Work</u> <u>Banana</u> <u>Pick pocket tag</u> <u>APD</u>	19 <u>Home Work</u> <u>Tomatoes/cheese</u> <u>Circle soccer</u> <u>Penguin day</u>	20 <u>Chewy granola</u> <u>Capture the hoop</u> <u>Vegetable</u>	21
22	23 <u>Home Work</u> <u>Orange</u> <u>Cone on / cone off</u> <u>Chinese New Year</u>	24 <u>Home Work</u> <u>Cucumber/dressing</u> <u>Banana Olympics</u> <u>Dragon</u>	25 <u>Home Work</u> <u>Special k bars</u> <u>Crab soccer</u> <u>Chinese Zodiac</u>	26 <u>Home Work</u> <u>Apple sauce</u> <u>Advance ball</u> <u>Chinese Numbers</u>	27 <u>Chewy Granola</u> <u>Sun chips</u> <u>Partner soccer</u> <u>Flag of Asia</u>	28
29	30 <u>Home Work</u> <u>Trail Mix</u> <u>Knock my block</u> <u>Chinese Lantern</u>	31 <u>Home Work</u> <u>Apple</u> <u>Blindfolded</u> <u>Chi Chiao Bang</u>				

Schedule is subject to change!!!!



Recreation Center Enrichment Activity Plan

Specialist Name: Lynette Lara Activity Title: Blindfolded Conversation

Age Group 5-11 Activity Length 20 mins Date: Jan. 31

Goals & Objectives: *Give a brief description of this activity. What do you want students to learn?*

Children will play this game to get to know others better, and to see how well they already know some of the students in the After School Program. They will also learn and discuss the importance of the sense of sight.

Supplies: *List material you will need.*

blindfolds

Steps/Procedure: *List steps in completing this activity. Make sure directions are clear and in order.*

1. Children will form a large circle and sit down. The leader chooses 1 person to be in the center.
2. The leader blindfolds the person in the middle, and spins them around a couple of times and tells them to point somewhere.
3. The student must guess the name of the person they are pointing at by asking them questions and talking to them.
4. Make sure no other children are talking and not yelling out the person's name.

Conclusion/Review: *What do leaders need to do once activity is complete.*

Leaders need to ask students how easy or difficult it was to identify the person they were talking to based on listening. Leaders will ask and discuss what they know and think about people who are visually impaired.

JANUARY 2012- ANTARTICA

HANCOCK ASFC ACTIVITY CALENDAR

Daily Schedule OI: Enrichment Active Play	2 City Holiday	3 Super Fun Camp Day "Into the Wild"	4 Super Fun Camp Day "Into the Wild"	5 New Years Resolution Noodle Tag	6 CHOICE ACTIVITIES	7
8	9 City Holiday	10 Read at the Rec Down the Drain	11 Antarctic Animals Sardines	12 Cave Drawings Snow drift soccer	13 CHOICE ACTIVITIES	14
15	16 Communication Crossing Snowball Circle Game	17 Read at the Rec Artic Circle	18 Bird Feeders Snake Tag	19 Antarctica Trivia Cone Ball	20 CHOICE ACTIVITIES	21
22	23 Sculptures Freeze tag	24 Read at the Rec Down the Drain	25 Imagination Drawing Penguin Race	26 Polar Bear Age Ice Cube Soccer	27 CHOICE ACTIVITIES	28
29	30 New Years Resolution Part 2 Dead Ant Tag	31 Read at the Rec Favorite Jan. Game				

Recreation Center Enrichment Activity Plan

Specialist Name: Jameson Robbins _____

Activity Title: New Years Resolution Part one and two _____

Age Group: 5-12 _____

Activity Length: 15-20 minutes each _____

Date: January 2012 _____

Goals & Objectives: *Give a brief description of this activity. What do you want students to learn?*

Students will engage in activities that will enhance their knowledge by exploring social, cultural, and environmental concepts.

Supplies: *List material you will need.*

Notebook paper or construction paper and pencils/markers/crayons

Steps/Procedure: *List steps in completing this activity. Make sure directions are clear and in order.*

1. **Part One:** Instructor will ask: **Who knows what a news year's resolution means?**
2. Allow some students to share their answers and then instructor will give a simple explanation of why people make new years resolutions. *(Have another instructor pass out paper and writing utensils while discussion is happening.)*
3. After discussion explain that students will need to write themselves a letter about what their new year's resolution will be. *(Younger kids might draw pictures.)*
4. Have each child write down their goal and then three ways that they will reach this goal. Give students an example.
5. *For example: My goal is to get better at soccer. I will get better at soccer by practicing three times a week, eating healthier foods, and signing up for the spring soccer league.*
6. After students are finished with their letters they should fold them up and write their first and last name on the front. Instructors will then collect letters and save them for a later date.
7. **Part Two: (three weeks later)** Instructors will hand out letters written in part one.
8. Students will open their letters to read their resolutions.
9. After they read their letters ask them how they have done over the past few weeks and if they have met their goal.
10. Ask for volunteers to share their goals and how they reached their goal if they did or how they can plan for different ways to reach their goal if they did not. Students might also explain the progress of reaching their goal if they still have more to do in order to reach it.

Conclusion/Review: *What do leaders need to do once activity is complete.*

Part one: collect letters and store in safe place. Part Two: have students put letters in backpacks