

OPERATING BUDGET FISCAL NOTE

DATE OF COUNCIL CONSIDERATION:
CONTACT DEPARTMENT(S):
FUND:

3/7/13
Fire
Special Revenue

SUBJECT: Approve an ordinance authorizing acceptance of \$111,139 in grant funds for the Assistance to Firefighters Grant program from Federal Emergency Management Agency (FEMA); and amending the Fiscal Year 2012-2013 Austin Fire Department Operating Budget Special Revenue Fund (Ordinance No. 20120910-001) for protecting the health and safety of firefighting personnel.

CURRENT YEAR IMPACT:

	2012-13 Approved	This Action	2012-13 Amended
Special Revenue Fund			
Assistance to Firefighters Grant Program			
Grant Period: 12/2012-12/2013	0	111,139	111,139
Total	0	111,139	111,139
FTEs	0.00	0.00	0.00

FIVE-YEAR IMPACT:

	FY 2013	FY 2014	FY 2015	FY 2016	FY 2017
Total Revenue	111,139	0	0	0	0
Total Expenditures	111,139	0	0	0	0
Net Impact	0	0	0	0	0

ANALYSIS / ADDITIONAL INFORMATION: The Austin Fire Department (AFD) has been awarded a FEMA Assistance to Firefighters Grant to protect the health and safety of firefighting personnel. The grant will fund two Peer Fitness Trainer (PFT) certification workshops; a post-certification practicum for the PFTs; and the purchase and shipping of equipment necessary to deliver this exercise model to firefighters, cadets and recruits. It will also pay for backfill when the AFD PFTs attend the two training programs.

Because firefighting is a dangerous profession that requires a high degree of physical fitness, it is a best practice to utilize certified fitness specialists to train field personnel to meet the demands of the job. The Peer Fitness Trainer Certification Workshop course teaches the basics of anatomy and physiology, nutrition, and exercise programming. Though largely academic in content, it provides a base of knowledge valuable in developing a job- and goal-specific exercise program. It provides foundational information on cardiovascular training, strength and conditioning, fitness assessment and program administration..