



# Adult 50+/Senior Enrichment

er  
Center  
r  
eation Center  
on Center  
represented on various  
boards and committees

• Act  
• Agin  
• Com  
• Com  
Supp

## Adult 50+ /Senior Enrichment

is committed to providing an environment that encourages adults age 50 and older to maintain an active, healthy and independent lifestyle through recreational, educational and cultural programs and services.



# Services

- Adult 50+/Enrichment Facilities
- Congregate Meal
- Transportation
- Consignment/Art Gallery

# Adult 50+ / Senior Enrichment Locations

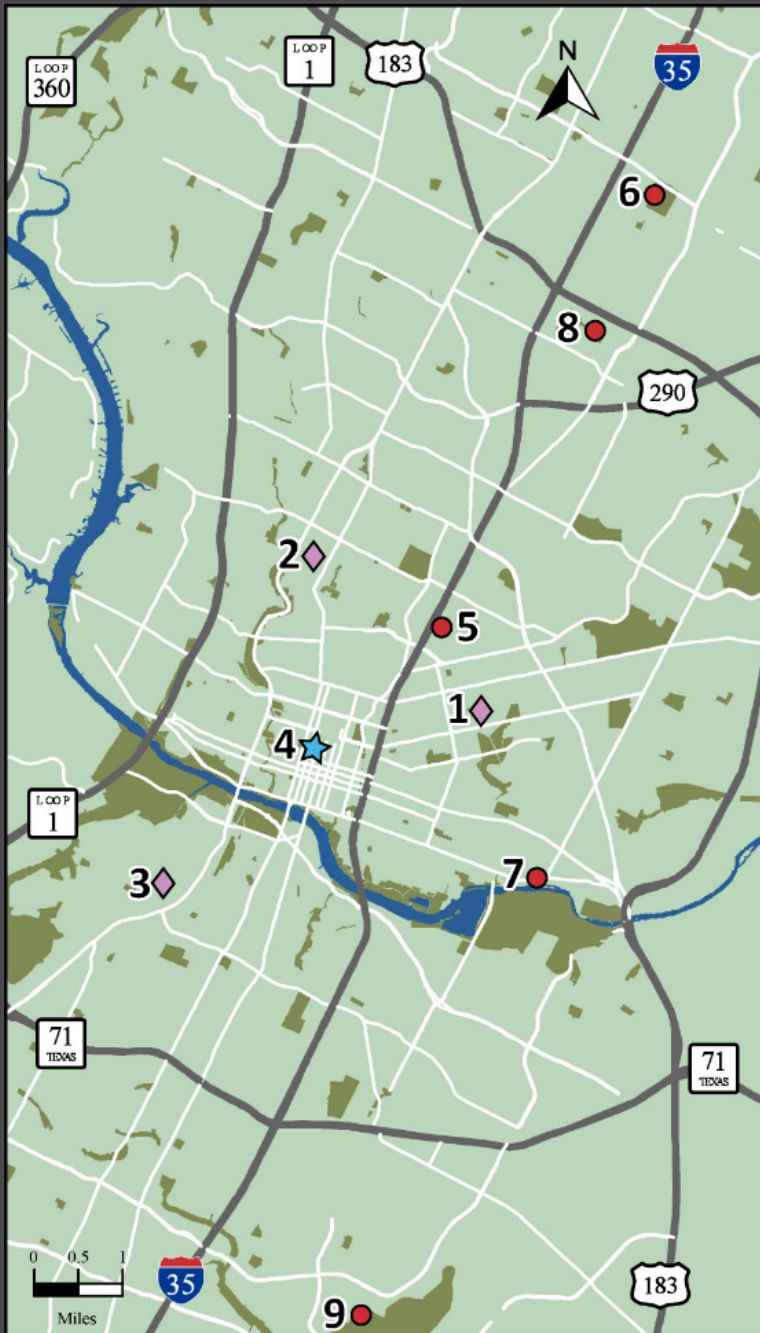
## Senior Activity Centers

1. Conley-Guerrero Senior Activity Center
2. Lamar Senior Activity Center
3. South Austin Senior Activity Center

## 4. Old Bakery & Emporium

## Recreation Centers

5. Alamo Recreation Center
6. Gus Garcia Recreation Center
7. Metz Recreation Center
8. Virginia L. Brown Recreation Center
9. Dove Spring Recreation Center



This map is for informational purposes and not intended to be accurate for legal, engineering, or surveying purposes. It does not represent an on-the-ground survey and contains approximate, relative location of property boundaries. This product has been reproduced by the Austin Parks and Recreation Department for the sole purpose of geographic reference. No warranty is made by the City of Austin regarding specific accuracy or completeness.

# Identified Programming Criteria

- Social and Recreational
- Health Wellness and Support Services
- Physical Fitness
- Continuous Education
- Outreach and Reference
- Nutrition





# IMAGINEAUSTON

Guide to a Complete Community

\* Connected \* Green \* Vibrant \* Livable \*

## PARD Adult 50+/Senior Enrichment Imagine an Active and Creative You

- Active Aging
- Aging in Place
- Community Engaging
- Community Infrastructure and Support



# Adult 50+/Senior Enrichment



Tiffany M. Cabin  
Seniors Program Manager  
512-974-3903  
[tiffany.cabin@austintexas.gov](mailto:tiffany.cabin@austintexas.gov)