

Road to Recovery

A Collaborative Jail Diversion Strategy



Austin Travis County
Integral Care
Behavioral Health & Developmental Disabilities Services

Road to Recovery is a jail diversion strategy for mentally ill, chronically inebriate individuals who have repeated and historically high-cost contact with the criminal justice system. This program is a collaborative effort among Austin/Travis County Integral Care (ATCIC), the City of Austin, County Court at Law #8, Downtown Austin Community Court, and Travis County.



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Program Goals:

- Reduce or eliminate use of illegal/dangerous substances (Harm Reduction Model)
- Reduce arrests and incarcerations related to drug/alcohol abuse
- Assist clients with housing needs (Housing First Model)
- Connect clients with mental health services
- Assist clients in obtaining medical care



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How Are We Doing?

IMPACT MEASURE:

- The average number of arrests per client per year:
 - Prior to entering the program: 3.03
 - After the program: 1.93

This takes into account 4 “outliers”, clients with extreme values varying more than 10 arrests between before and after. Including outliers, figures are 3.26 and 2.97 respectively.



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How Are We Doing?

IMPACT MEASURE:

- In FY 2012, 87% of those completing the residential part of the program went into a stable housing situation
- 56% of those going into housing received funding from DACC



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Behavioral Health: Guiding Principles for Recovery and the Continuum of Care

Recovery

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential”

-- SAMHSA website



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Behavioral Health: Guiding Principles for Recovery and the Continuum of Care

- SAMHSA Recovery Support Strategic Initiative has delineated four major dimensions that support a life in recovery:
- **Health:** overcoming or managing one's disease(s) or symptoms—for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medications if one has an addiction problem—and for everyone in recovery, making informed, healthy choices that support physical and emotional wellbeing.
- **Home:** a stable and safe place to live;
- **Purpose:** meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income and resources to participate in society; and
- **Community:** relationships and social networks that provide support, friendship, love, and hope.



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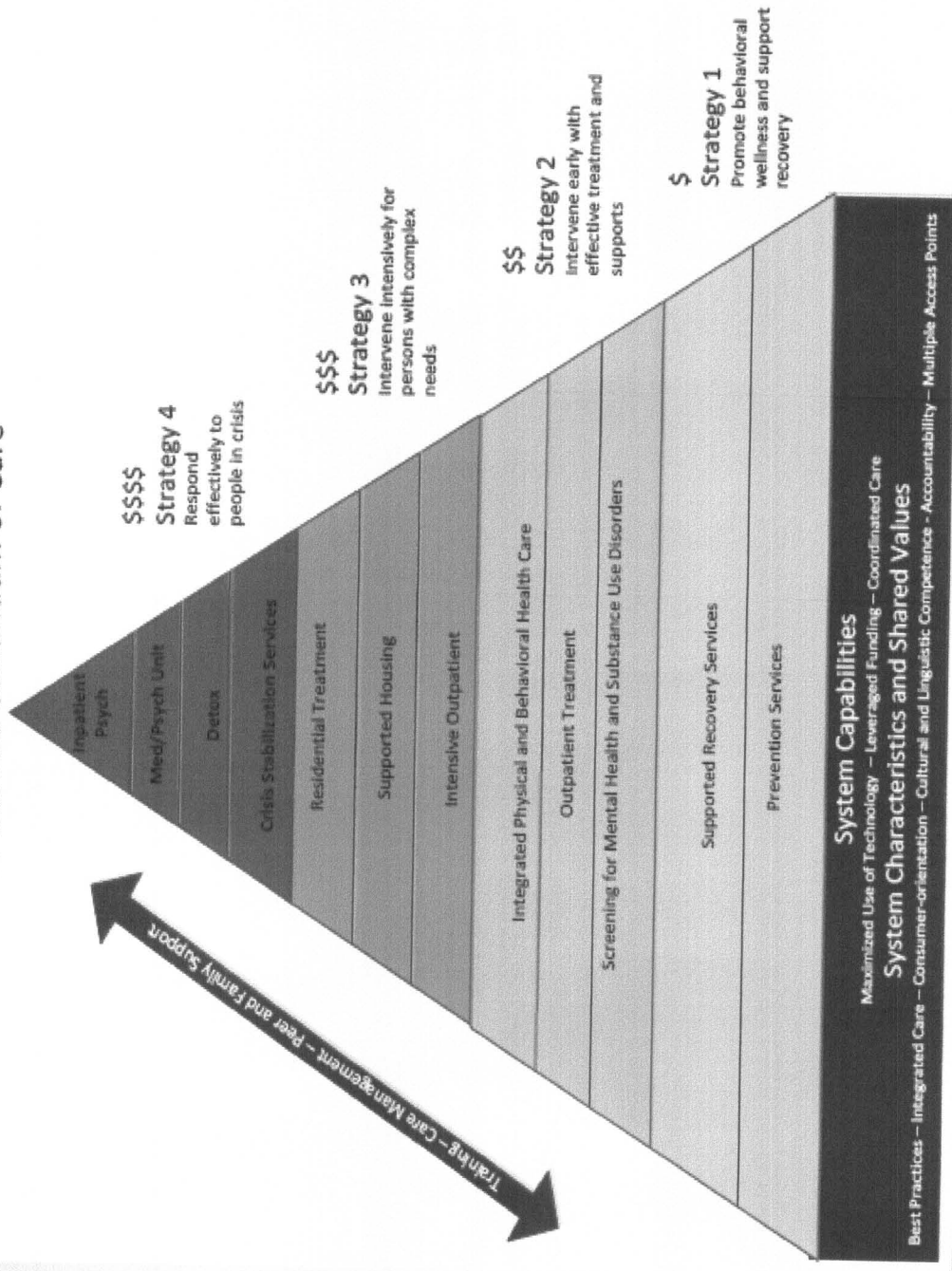
Behavioral Health: Guiding Principles for Recovery and the Continuum of Care

- Person-centered
 - Family and other ally involvement
 - Individualized and comprehensive services across the lifespan
 - Systems anchored in the community
 - Continuity of care
 - Partnership-consultant relationships
 - Strength-based
 - Culturally responsive
- Responsiveness to personal belief systems
 - Commitment to peer recovery support services
 - Inclusion of voices of recovering individual/families
 - Integrated services
 - System-wide education/training
 - Ongoing monitoring/outreach
 - Outcomes-driven
 - Research-based
 - Adequately and flexibly financed



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Promoting a Mentally Healthy Travis County – The Desired Continuum of Care



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Road to Recovery

Thanks you for your support!

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