



A Growing Senior Population in Central Texas
Opportunities and Needs

Aging Services Council *of Central Texas*

Vision: Central Texas older adults have the opportunity to live healthy, safe, and meaningful lives in our communities.

Mission: The Aging Services Council of Central Texas is a strong, effective network of individuals and organizations who work together to ensure that older adults and caregivers have the information and services they need to support themselves and family members as they age.



We do this by

- Planning and innovation
- Advocacy and public awareness
- Education and professional development



We emphasize our competitive advantages of:

- Deep knowledge of aging issues at the federal, state and local level
- Broad reach of members representing the continuum of aging services in Central Texas
- A strong track record of experience and accomplishments that support the quality of life of older adults, their families and their caregivers.

Aging Services Council *of Central Texas*

Accountable Aging Care Management	Meals on Wheels and More
AGE of Central Texas	Rebekah Baines Johnson Center
Alzheimer's Association Capital of Texas Chapter	St. David's Foundation
Capital City Village	SAIVA
Capital Metro	Seton Healthcare Family
The Care Communities	Texas Seniors' Guide
City of Austin Parks and Recreation Dept.	TMF Health Quality Initiative
Coming of Age	Travis County Health and Human Services and Veterans' Services
Community Advancement Network	The WellMed Charitable Foundation
Drive a Senior	Senior Community Center
Family Eldercare	
H.A.N.D.	
Jewish Family Service of Austin	



Continuum of Supports *for Health and Wellness*

- Falls prevention classes
- Chronic disease management
- Adult Protective Services
- Medicare benefits counseling
- Support groups
- Home-delivered and congregate meals
- Friendly visitor and caller programs
- Volunteer and learning opportunities
- Senior Centers
- Individual and group counseling



Services and Supports *for Aging in Place*

- Paratransit service for people with disabilities
- Volunteer driver programs
- Home modification, repair and weatherization
- Bill-payer and guardianship assistance
- In-home help and personal attendant services
- Geriatric case management and care coordination
- Home delivered meal programs
- Affordable senior apartment communities
- Assisted living and Continuum of Care Retirement Communities (private pay)

Services and Supports *for Caregivers*

- Caregiver Resource Center
- Center-based and in-home respite programs
- Adult day care
- Caregiver education
- Support Groups



Collaborative Initiatives *of the Aging Services Council*

- Neighborhood Ambassador Program
- Professional Development
- Caregiver Outreach
- Caregiver Resource Guide
- Advance Care Planning
- Transportation access
- Cultural competency



2015 Priority Areas

- Advocacy/policy work
- Development of a speaker's bureau
- Transportation
- Advance Care Planning
- Cultural competency
- Support ADRC Implementation



Aging Services Council

- www.AgingServicesCouncil.org
- Meetings are first Thursday of even numbered months from 8:30 to 10:00 a.m. at St. David's Foundation, 801 Barton Springs Road
- All interested in furthering ASC vision and mission are welcome

