

THE

austinrecovery

WHERE THE HEALING BEGINS

WAY



30 Days

- Programs for both men and women
- Access to all clinical, experiential, physical and spiritual therapies
- Guided Step Study and ability to attend outside meetings
- Connection with the recovery community



90 Days

- Programs for both men, women
- Family House allows one child under the age of six to stay with the mother during treatment.
- Deeper experience with all clinical, experiential, physical and spiritual therapies
- Additional guided Step Study
- Connection with the recovery community



Intensive Outpatient

- Provides a step-down from the highly structured environment of residential treatment and allows clients to adjust gradually to their new way of life
- Coed or women's only programs
- Day or evening classes to allow for flexibility with work and life.

Center for Recovering Families



- Clinical services for both clients and their family members affected by addiction or compulsive behaviors that have become problematic
  - Drinking and drug use
  - Misuse of prescription medication
  - Disordered eating
  - Compulsive sexual behavior
  - Compulsive spending, shoplifting
  - Relationship dependency, and codependency.



Alumni Association and Volunteerism



austin recovery  
**ALUMNI**  
ASSOCIATION

- Stay connected to the recovery community
- Give back what has been given to you
- Connect with new clients and provide hope to those new to recovery