

Behavioral Health in Austin/Travis County

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Austin City Council
March 30, 2015



Who We Are

- **Created in 1967** as Austin Travis County Mental Health and Mental Retardation, 1 of 39 community centers in Texas
- Unit of **local government** under Chapter 534 of Texas Health and Safety Code
- Governed by a **9 member Board of Trustees** appointed in equal numbers by Austin City Council, Travis County Commissioners and Central Health Board of Managers
- **Designated local authority** for Travis County in areas of behavioral health (mental health and substance use) and intellectual and developmental disabilities



Who We Serve

- **Anyone experiencing a psychiatric crisis**
- **Individuals with Serious Mental Illness**
 - Top diagnoses: Schizophrenia, Bi-polar, Major Depression
 - Others served based on agency capacity
- **Individuals with Substance Use Disorder**
- **Individuals with Intellectual/Developmental Disabilities**
- **Individuals with dual diagnoses**

Eligibility based on ability to function, not income

What We Do



Serve Individuals

- 24/7 Crisis Response
- Residential Treatment
- Integrated Care
- Prevention & Wellness
- Housing & Supports

Plan & Build System

- Maintain service network
- Fill gaps/Fix breaks
- Collaborative planning
- Connect systems
- Technical assistance

Work in Community

- Education
- Training
- Advocacy

How We Are Funded

Total Budgeted for FY15 - \$91m

Source	Amount
Federal	\$14,681,814
1115 Waiver	\$15,500,000
State of Texas	\$30,720,686
Travis County	\$4,294,216
City of Austin	\$3,106,960
Central Health	\$9,867,223
Other	\$9,572,184
Fund Balance	\$3,615,979

Policy Considerations

19% of Adults and 20% of Children experienced a **diagnosable mental disorder** (including addiction) in the past year in Travis County and **33% of individuals experiencing homelessness** also live with a mental illness

- **Rapid population growth** – people moving here need behavioral health services and funding has not kept pace with local growth
- **Large Events** cause a spike in demand for services
- Permanent Supported and Affordable **Housing** are a essential to address need
- **Children's Mental Health Plan** – opportunities to support prevention
- **Substance Use Plan** under development – significantly underfunded area