

# children's optimal health

Visible changes for a healthy future

[www.cohtx.org](http://www.cohtx.org)

**Mission:** To enable communities to visualize the health of their neighborhoods, identify assets and needs, and unearth opportunities for collaborative change.

**Our Story:** COH began as an informal collaborative looking to improve the health and well-being of Central Texas children by working across organizational institutions. Eighty-four agencies came together and identified 4 areas of focus: linking and leveraging existing resources; coordinating community messaging and education; using technology; and promoting the use of research and best practices to solve community problems. In 2008, 13 lead community agencies participated in business formation and pursuit of 501(c)3 nonprofit status.



Board members reflect the diverse sectors that impact a child's life: health care, housing, education, economic development, and agencies addressing social and emotional well-being of children, youth and families. This variety in Board representation enables COH to broadly consider the factors which contribute to child health and to identify health disparities that can be addressed at the local level.

## Contacts:

Maureen Britton  
Executive Director/President  
[mbritton@cohtx.org](mailto:mbritton@cohtx.org)  
512/324-5981

Susan Millea, Ph.D.  
Community Systems Analyst  
[smillea@cohtx.org](mailto:smillea@cohtx.org)  
512/324-5980