

April 12/2016



SAMARITAN CENTER

The Path to Wellness™

Who we are



The Samaritan Center (SC) is a 501c3 which has supported the mental health needs of Austin and Travis County for over 40 years and has provided Integrative Medicine services since 2011. We are a safety net provider for vulnerable populations such as the uninsured, under-insured, members of low income households, active service members, veterans and their families

Samaritan Center





Mission and Purpose

To improve the mental, physical and spiritual health of our clients. Services are tailored to meet the needs of all age groups — from early childhood to seniors. With accessible and affordable services, our goal is to meet client needs regardless of their ability to pay.



Services

- Mental Health Focal Areas - violence, child abuse, sexual assault, suicide, substance abuse, divorce, depression, anxiety, grief, life transitions, etc.
- Integrative Medicine - acupuncture, Chinese herbs, yoga, Tai Chi, nutrition and Asian bodywork, bio-feedback and neurofeedback.
- Tele-psychiatry – A low cost, onsite treatment provided through video conferencing with our psychiatrist or nurse practitioner. Rates range from \$12.50 to \$75. Appointments scheduled within 10 days.
- Care Management – Clients are assisted with accessing community-based resources that are vital to improving their quality of life and meeting their holistic needs.

Mental Health

- Child Therapy
- Play Therapy



Integrative Medicine

- Acupuncture
- Asian Bodywork



Mental Health

Pet Therapy



Integrative Medicine

• Chinese Herbs



Mental Health and Integrative Medicine

- Talk Therapy
- Bio-feedback
- Neurofeedback



Latino Statistics

- Latinos have significant mental health needs, yet few of them seek services.
- A 2014 Mental Health America screening project found that significant percentages of Latinos indicated that they would either self-monitor their mental health, or seek guidance from their peers, rather than see a professional provider. The reasons for this phenomenon are not fully understood but, language, values and socioeconomics often play a role.
- Studies also indicate that 36% of Latinos receive treatment for depression compared to 60% of Whites. (Latino/Hispanic Communities and Mental Health, 2016)



Samaritan Center Efforts

Latino mental health needs are growing throughout Austin. During the fall of 2015, the Samaritan Center updated its strategic plan to reflect our intention of expanding services to provide culturally competent, bilingual services to the Latino community.



Samaritan Center Efforts

Current focused on the Rundberg community. In addition to providing services, we want to build partnerships. The Samaritan Center has begun this process by committing to participate in tomorrow's Restore Rundberg community meeting where we will present our program. We have begun a partnership with Dobie Middle School and will host two of their students during their annual "CEO for a Day" program. We are also in the process of scheduling a meeting Dobie Middle's Project Launch and hope to meet with their Director soon.

Proposal

- Add a bilingual (Spanish) clinician at our current 8956 location and identify partner(s) or sites in the Rundberg area to host a clinician for the delivery of services
- We could also partner with the Volunteer Clinic as 70% of their clients are Latino and 50% are Spanish speaking only. The clinic is on a bus line and operates a health clinic during the evening with space available during the day. They currently provide some mental health services

Budget	
1.5 Clinical FTE	\$ 77,557.50
.5 Admin FTE	\$ 20,942.50
Rent	\$ 12,000.00
2 computers	\$ 2,000.00
10% overhead	\$ 12,500.00
Total Project	\$ 125,000.00