#### **Austin Public Health**



The role of public health is to:

PROMOTE community-wide wellness,

PREVENT disease, and

PROTECT the community from infectious diseases, environmental hazards, and epidemics



## HEALTH PLANNING INITIATIVES

**Austin/Travis County Food Policy Board**June 12, 2017

# **2017 Planning Efforts**

- Travis County Community Health Assessment
- City of Austin Strategic Planning



## **Community Health Assessment**

- A Community Heath Assessment (CHA) engages community members and local public health system partners to collect and analyze health-related data from many sources. Three critical tasks are accomplished through the Community Health Assessment:
  - Informs community decision-making;
  - Prioritizes health problems; and
  - Assists in the development and implementation of community health improvement plans.
- CHA is a community partner led process that kicks off a 5 year cycle
- CHA informs a subsequent 3 year
   Community Health Improvement Plan (CHIP)



### **CHA Process**

- Quantitative and Qualitative Data Collection
   January 2017-April 2017
  - 2 Community Forums
  - 20 Key Informant Interviews
  - 19 Focus Groups
  - 168 Household Surveys
  - #ShowUsYourAustin Social Media Campaign
- DRAFT CHA Report posted for public comment in August 2017
  - Public Forum for direct feedback scheduled for August 30.
  - Report posting at <u>http://www.austintexas.gov/healthforum</u>

What makes you healthy?

### **SHOW US!**

What makes you healthy?

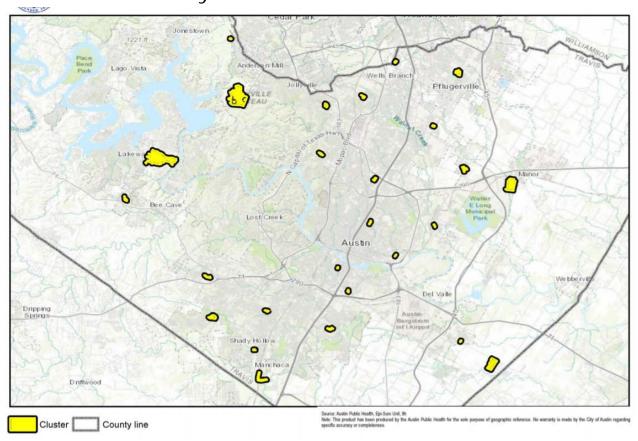
**SHOW US!** 



## 2017 CHA CASPER

168 Household Surveys conducted using the Community Assessment for Public Health Emergency Response.

- Sampling frame included 30 neighborhood clusters
  - > 20 within City of Austin
  - > 10 in Travis County



## **CHA CASPER Findings Food Access**

- Access to healthy foods is perceived as an important factor to quality of life.
- Access to healthy foods was identified in open responses as the most important factor that makes Travis County Healthy.
  - Other responses included: Access to health care, physical activity, green space, clean water, environment, safety
- Households can buy affordable, healthy food near their home
  - Strongly Agree (66.2% projected # of households 278,986)
  - Agree (18.9% projected # of households 79,781)
  - Neutral (7.3% projected # of households 31,086)
  - Disagree (0.8% projected # of households 3,451)
  - Strongly Disagree (5.9% projected # of households 24,855)

## **CHA CASPER Findings Food Access**

#### Households purchase the majority of groceries,

- Retail grocery store (92.8%)
- Superstore (5.5%)
- Different source (1%)
- Corner store/convenience store/gas station (0.7%)
- Ethnic food store (0.2%)
- Farmer's market/roadside stand (0%)

#### Primary mode of transportation to purchase groceries

- Drive or ride in their family vehicle (97.4%)
- Getting a ride (not from family vehicle) (1.1%)
- Walking (0.8%)
- Biking (0.8%)

#### Main reason households shop at primary source

- Convenient location (40.8%)
- Price/low cost (19.4%)
- Other reason (12.9%)
- One stop shop (11.0%)
- Selection of foods (9.5%)
- Freshness of foods (5.7%)

## **CHA CASPER Recommendations**

- Distribute report to APH leadership and key community partners as part of the ongoing Community Health Assessment process and post on the APH website.
- Continue efforts to maintain and improve access to health care, places for physical activity, and affordable housing that are perceived to contribute to quality of life of Travis County residents.
- Explore opportunities to improve transportation options, address traffic problems and barriers to health care, and improve household preparedness.
- Encourage households to have an emergency supply kit in their home.
- Encourage households to have a working smoke detector in every bedroom.

#### Full report available:

http://www.austintexas.gov/sites/default/files/files/Health/CHA-CHIP/CHA\_CASPER\_2017\_Final\_Report\_FINAL\_\_003\_.pdf

## **Next Steps**

CHA will be finalized October 2017

CHA issue prioritization November/December 2017

CHIP development kick off January 2018

CHIP implementation Summer 2018

### City of Austin Strategic Planning

City Council identified 6 strategic outcomes to align with the long-term vision of Imagine Austin

**Economic Opportunity and Affordability:** Having economic opportunities & resources that enable us thrive in our community.

**Mobility:** Getting us where we want to go, when we want to get there, safely & cost-effectively.

**Safety:** Being safe in our home, at work, & in our community.

**Health**: Enjoying a sustainable environment & a healthy life, physically & mentally.

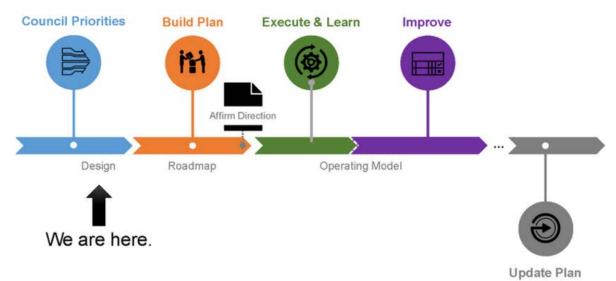
- Healthy conditions among individuals (absence of unhealthy conditions)
- Accessibility to quality health care services both physical & mental Accessibility to quality parks, trails, & recreational opportunities
- Environmental quality & resilience
- Food security & nutrition

**Cultural and Learning opportunities**: Being enriched by Austin's unique civic, cultural, ethnic, & learning opportunities.

**Government that Works:** Believing that city government works for all of us-that is equitable, ethical & innovative.

# City of Austin Strategic Planning

#### **Adaptive Strategic Planning**



- Office of Performance Management is leading a cross department process to develop a 3-5 year strategic plan to be finalized by end of Summer.
- Completed first phase to design roadmap to develop adaptive strategic plan
- More information: <a href="https://austinstrategicplan.bloomfire.com">https://austinstrategicplan.bloomfire.com</a>

## **Thank You!**

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