

## JULIE ANN ZUÑIGA, PhD, RN

Assistant Professor

The University of Texas at Austin School of Nursing

### EDUCATION

- 2015      Post-Doctoral Fellowship: Emory University, Atlanta, Georgia
  
- 2013      PhD: The University of Texas at Austin, School of Nursing  
             Dissertation: *The Lived Experience of Tuberculosis Treatment on the US Mexico Border*
  
- 2006      MSN: The University of Texas at Austin, School of Nursing
  
- 1996      BA: Austin College, Sherman, Texas, History

### LICENSURE

2004-Present: Texas Registered Nurse

### CERTIFICATION

- 2013      Motivational Interviewing
- 2013      Repeatable Battery of the Assessment of Neuropsychological Status Administration (RBANS)

### PROFESSIONAL EXPERIENCE

- 2015 – Present      Assistant Professor (Tenure Track)  
                             The University of Texas at Austin School of Nursing
  
- 2013 – 2015      Post-Doctoral Fellow, Emory University  
                             Dr. Marcia Holstad, Mentor, Dr. Drenna Waldrop-Valverde, Co-Mentor  
                             Responsibilities:
  
- 2013 –2014      Clinical Instructor of Nursing, Emory University
  
- 2007 – 2013      Instructor of Clinical Nursing, The University of Texas at Austin School of Nursing
  
- 2010 – 2012      Graduate Research Assistant, The University of Texas at Austin School of Nursing, under the supervision of Dr. A. García (PI), *Home-Based Diabetes Symptom Self-Management for Mexican Americans* (1R21DK076705-01A, funded by NIDDK/NIH)
  
- 2006              Adjunct Instructor, Austin Community College, Austin, Texas.

2005-2008 Acute Care Registered Nurse, I & II, and Charge Nurse for patients in Adult Medical - Infectious Disease/Internal Medicine Acute Care Unit, Brackenridge Hospital, Austin, Texas

### **HONORS AND AWARDS**

2018 Early Science Investigator Award  
Southern Nursing Research Society

2017 Young Researcher Award  
American Public Health Association – Public Health Nursing Section

2015-2018 Ed and Molly Smith Centennial Fellow of Nursing, The University of Texas at Austin School of Nursing

2014 Cyber Mentor Protégé with the American Psychological Association

2012 Sigma Theta Tau International/Doris Bloch Research Award

2011 Texas Exes Teaching Award – Assistant Instructor; School of Nursing, Texas Exes and Senate of College Councils, The University of Texas at Austin

2010 2<sup>nd</sup> Place Poster at the 5<sup>th</sup> Annual Texas Conference on Health Disparity  
*Health Literacy Interventions to Improve Medication Adherence in Hispanics*

2008 -2009 Jamail Scholarship for Nurses in Graduate School, The University of Texas at Austin

2008 Nurse of the Month, Acute Care, Brackenridge Seton Hospital, Austin, Texas

### **RESEARCH ACTIVE**

2018 National Institute of Health, National Institute of Nursing Research (R15NR017579) Zuniga, J. (PI), Garcia A., West-Ohueri, C., “Investigating Self-Management of the Dual Diagnosis of HIV and Diabetes”. Funded: \$540,000

### **COMPLETED**

2017 The St. David’s Center for Health Promotion & Disease Prevention Research in Underserved Populations. Zuniga, J., (PI), Harrison, M., García, A. “Investigating Biomarkers in Persons with Dual Diagnoses of HIV and Diabetes”. Pilot Project, \$28,708, 2017-2018

2017 The University of Texas at Austin, Dell School of Medicine, Zuniga, J. (Co-I). Household Level Assessment (HoLA). \$135,530, 7/1/2017 – 12/31/2017. Role: Co-I (Develop and adapt questionnaire for focus group, analyze and interpret findings, and assist in manuscript development)

- 2016                      Zuniga, J (PI), CommUnity Care Healthcare Utilization. Internal funding, \$2,500. Summer Research Funding, \$19,000
- 2015 – 2016            The Center for Transdisciplinary Collaborative Research in Self-Management Sciences Zuniga, J. (Pilot PI), “Self-Management of Diabetes for Persons with HIV.” (P30NR015335, M. Kim, PI). Pilot Project, \$40,000, September 1, 2015 – November 30, 2016
- 2014-2015            Zuniga, J. (PI), “Adherence in Patients with the HIV and Diabetes.” Center for AIDS Research at Emory University, Microgrant from Emory Center for AIDS Research, \$2,000, 2014.
- Zuniga, J. (PI), “The Lived Experience of TB Treatment on the US-Mexico border.” Sigma Theta Tau International, Doris Bloch Research Grant, \$5,000. 2012-2013.
- Responsibilities as the PI:
- o Participant recruitment
  - o Conduct interviews
  - o Analysis and dissemination of findings
  - o Manuscript development and writing

## PEER-REVIEWED PUBLICATIONS

\*Data-based publication; + Publication written with a student. °Corresponding Author

- \*+ Zuñiga, J.A., García, Fordyce, J., Park, J., Huang, Y.C., Champion, J. Predictors of Flu Vaccination in Persons Living with HIV. (In Press) *Journal of the Association of Nurses in AIDS Care*.
- Zuniga, JA., Lin, L.C., Horton, S., Todd, A., Garcia, AA.,(In Press) Creation and Implementation of a Yoga and Meditation Program to Promote Wellness at a School of Nursing Texas *Public Health Association Journal*.
- °+Azarmehr, H., Jamon, A., Smith, C., Lowry, C., **Zuniga, JA**, (In Press). Assessment Needs of Pregnant Homeless Women. *Nursing for Women's Health*
- + Zuñiga, J.A., Wright, C., Fordyce, J., García, (In Press). Self-Management of HIV and Diabetes in African American Women: A Systematic Review of Qualitative Literature. *Diabetes Educator*
- °+Park, J.M, & **Zuñiga, JA**. (In Press) The Prevalence of Chronic Kidney Disease in Persons Living with HIV: A systematic review. *Journal of the Association of Nurses in AIDS Care*.
- +Cervantes, L., Zuniga, J. (2018). Strategies to Avoid Neonatal Blood Transfusions for Families of the Jehovah's Witness Faith. *Nursing for Women's Health* 22 (4), 332-337

- <sup>+</sup> Brown, S., García, A.A., **Zuñiga, JA**, Lewis, K. (2018) Effectiveness of Workplace Diabetes Prevention Programs: A Systematic Review of the Evidence. *Patient Education and Counseling* 101(6), 1036-1050
- \* Zuñiga, J. A., Easley, K., Shenvi, N., Nyugen, M., & Hostad, M. (2018) The Impact of Diabetes on CD4 Recovery in Persons with HIV in an Urban Clinic in the United States. *International Journal of STDs & AIDS*, 29(1), 63-71
- \*<sup>+</sup> Zuñiga, J. A., Bose, E., Park, J., Lapiz-Bluhm, M. D., & García, A. A. (2017). Diabetes Changes Symptoms Cluster Patterns in Persons Living With HIV. *Journal of the Association of Nurses in AIDS Care*, 28(6), 888-896.
- <sup>c+</sup> Meyer, J., Morrison, J., & **Zuñiga, J.** (2017). The benefits and risk of CrossFit: an integrated review. *Workplace Health & Safety*, 25(12), 612-618
- <sup>c+</sup> Dillard, P. K., **Zuniga, J. A.**, & Holstad, M. M. (2017). An integrative review of the efficacy of motivational interviewing in HIV management. *Patient education and counseling*, 100(4), 636-646.
- <sup>+</sup> García, A. A., **Zuniga, J. A.**, & Lagon, C. (2016). A Personal touch: The most important strategy for recruiting Latino research participants. *Journal of Transcultural Nursing*, 28(4), 342-347.
- <sup>c+</sup> Park, J. M., & **Zuñiga, J.** (2016) Effectiveness of using picture-based health education for people with low health literacy: An integrative review. *Cogent Medicine* 3(1).
- \* Zuniga, J. A., Holstad, M., & Nguyen, M. (2016). Predictors of dual control of HIV and diabetes. *AIDS Care* 28(9), 1124-1127.
- <sup>c+</sup> Meyer, J., Pomeroy, M., Reid, D., & **Zuñiga, J.** (2016) Implications for nursing care of pregnant Muslim woman during Ramadan. *Nursing for Women's Health* 20(5), 456-462.
- \*<sup>+</sup> Zuniga, J. A., Yoo, M., Dai, T., Guo, Y., & Waldrop-Valverde, D. (2016). Understanding the nature of depressive symptoms in relation to retention in HIV Care. *AIDS Patient Care and STDs* 30(1) 34-38.
- \* McCoy, K., Higgins, M., **Zuñiga, J. A.**, & Holstad, M. (2016). Age as a moderator for stigma in HIV+ Women. *HIV/AIDS Research and Treatment*, SE(3), S1-S8
- \* García, A. A., Brown, S., Horner, S., **Zuñiga J.**, & Arheart, K. (2015). Home-based diabetes symptom self-management education for Mexican Americans with type 2 diabetes. *Health Education Research*, 30, 484-496. doi:10.1093/her/cyv018
- Zuñiga, J. A. (2015). An integrated review of directly observed therapy for tuberculosis in Latin America. *Hispanic Health Care International*, 13(1), 46-54.

\*García, A. A., **Zuñiga, J.**, Reynolds, R., Cairampoma, L., & Sumlin, L. (2015). Evaluation of the Spoken Knowledge in Low Literacy in Diabetes Scale (SKILLD) for use with Mexican Americans. *Journal of Transcultural Nursing*, 26, 297-286.  
doi:10.1177/1043659614524246. Epub April 1, 2014.

\*Zuñiga, J. A., Muñoz, S., Johnson, M., & García, A. (2014). Tuberculosis treatment for Hispanic men living on the US-Mexico border. *American Journal of Men's Health*, vol 26(1), 32-38.

\*Zuñiga, J. A., Muñoz, S., Johnson, M., & García, A. (2014). The lived experience of tuberculosis treatment for Mexican Americans living on the US-Mexico border. *Journal of Nursing Scholarship* 46(4), 253-262.

\*Zuñiga, J. A. (2012). Case study: The lived experience of directly observed therapy for the treatment of tuberculosis. *Healthcare for Women International*, 33(1), 19-28.

Zuñiga, J. A. (2011). Integrated review: Medication adherence of tuberculosis treatment in the Hispanic Population. *Journal of Immigrant and Minority Health*, 14(1), 23-29.

#### ON-LINE SCHOLARLY CONTRIBUTIONS

Zuñiga, J. A. (2015). *Four tips for prevention and coping with HIV-related memory loss*. American Psychological Association. <http://psychologybenefits.org/2015/01/29/4-tips-for-preventing-and-coping-with-hiv-related-short-term-memory-loss/>

#### ORAL PRESENTATIONS

##### PEER-REVIEWED

2018 Council for the Advancement of Nursing Science Annual Conference

Zuniga, J., Harrison, M., Rock, J., Garcia, A.

*Biomarkers, Symptoms, and the Comorbidity of HIV and Diabetes*

2018 Southern Nursing Research Society Conference

Zuniga, J, Harrison, M., Rock, J., Fordyce, J., Garcia, A.

*Differences in Adiposity Patterns Between Persons Living with HIV with and without diabetes*

2017 The American Public Health Association Conference, Atlanta GA

Podium Presentation:

Zuniga, J., Bose, E., Bluhm, D, Park, J., García, A.,

*Symptom Burden for Persons Living with a Dual Diagnosis of HIV and Diabetes*

2017 Sigma Theta Tau International Biennial Convention, Indianapolis, Indiana

Podium Presentation: Park, J, Zuñiga J

*Meaning of Picture-Based Health Education in Diabetes with Low Health Literacy Population*

- 2016 Gerontology Society of America, New Orleans, LA  
Podium Presentation: Zuñiga J.  
*Technology Can Benefit As Well as Hinder Research*
- 2016 The American Public Health Association Conference, Denver, CO  
Podium Presentation: Zuñiga J., García, A., Silva, L., Barrera, Y., Park, J., .: *Self Management of Diabetes in Persons with HIV*
- 2016 Southern Nursing Research Society Conference, Williamsburg, VA  
Podium Presentation: Zuñiga J. A., *Aging with HIV and Diabetes*
- 2014 U.S.-México Border Binational Infectious Disease Conference, El Paso  
Podium Presentation: Zuñiga J. A., *Men and DOT for TB treatment*
- 2010 National Association of Hispanic Nurses, Washington DC  
Podium Presentation: *Integrated Review of the Literature: Medication Adherence to Tuberculosis Treatment in Hispanic Adolescents*
- 2009 16<sup>th</sup> Emerging Scholarship in Women's and Gender Studies Annual Graduate Student Conference, Austin, Texas  
Panel Discussion: *Reconstructing Sexuality through Empowering Discourses, Practices, and Models for Women and Teenage Girls*

#### INVITED PRESENTATIONS

- 2018 Association of Nurses in AIDS Care Annual Conference  
Workshop: Secondary Data Analysis: Get In Where You Fit In
- 2017 HIV & Aging: From Mitochondria to the Metropolis  
Experience as a Mentee
- 2017 Using APA Successfully  
Graduate Student Nurses Association  
Alternate Entry Students
- 2015 Kinesthetic Teaching, For Lightning Rod Talks, Center for Teaching and Learning, The University of Texas at Austin
- 2009 Graduate Student Colloquium, Discussion Panel on Teaching Assistant/Assistant Instructor Issues, The University of Texas at Austin

#### INVITED GUEST LECURES

- 2018 Secondary Analysis: Get In Where You Fit In  
Association of Nurses in AIDS Care  
Pre-Conference Workshop
- 2018 Motivational Interviewing for Advanced Practice Nursing

- 2017 The University of Texas School of Nursing  
Doctoral of Nursing Practice Program
- 2018 Motivational Interviewing and Case Management  
2017 The University of Texas School of Nursing  
Undergraduate, N375P Public Health Nursing Clinical
- 2014 Healthcare in Cuba – Infectious diseases, N309 Global Health,  
UT Austin – School of Nursing
- 2011 *Make Yourself Visible*, Longhorn Leader’s Day, The University of Texas at Austin
- 2010 The state of tuberculosis in the United States. Public Health Nursing, The University of  
Texas at Austin

### PEER-REVIEWED POSTER PRESENTATIONS

<sup>+</sup> Poster with a student

- Nov 2018 Association of Nurses in AIDS Care  
Zuniga, J, Jang, D., Chineyemba, P., Wallace, K., West, Ohueri, C., Garcia, A.  
*Comparison of Quality of Life Predictors in Persons Living with HIV with and  
without Diabetes*
- Oct 2018 Transcultural Nursing Conference  
Sherman, A., Lowry, K., Smith, C., Azarmehr, H., Zuniga, J.  
*Homeless Pregnant Women's Barriers to Healthcare Access and Nurse  
Strategies for Prenatal Care*
- June 2018 American Diabetes Association's Scientific Sessions  
Huang, Y, Garcia, A., Zuniga, A  
*Diabetes Knowledge and Numeracy among Under- or Uninsured Latinos with  
Type 2 Diabetes*
- +May 2018 Medicine & Sport Annual Conference  
Wolfe, A., Zuniga, J., Harrison, M.  
*Coagulation Activation Pathways may be altered in individuals’ comorbid with  
HIV and Type 2 diabetes*
- <sup>+</sup>April 2018 Western Institute of Nursing Annual Conference  
Park, J., Zuniga, J  
*HIV with diabetes: retention in care and symptom burden*
- <sup>+</sup>April 2018 Society for Behavioral Medicine  
Huang, Y, Garcia, A., Zuniga, A  
*Factors Associated with Dental Care Utilization in Patients with Diabetes in  
Central Texas*

### Featured Poster Selection

- <sup>+</sup>March 2018 Southern Nursing Research Society Annual Conference  
Differences in Adiposity Patterns between HIV Positive Individuals with and without Diabetes
- <sup>+</sup>March 2018 Southern Nursing Research Society Annual Conference  
The Impact of Depression and Illness Perception on Quality of Life among Latinos with Type 2 Diabetes
- <sup>+</sup>February 2018 St. David's Center for Health Promotion & Disease Prevention Research in Underserved Populations Annual Conference.  
Chang, M., Zuniga, J., Lin, L.
- November 2017 The American Public Health Association Conference, Atlanta GA  
Zuniga, J, Garcia, A., Champion, J.  
Are people living with HIV getting their flu shot?
- <sup>+</sup>November 2017 The American Public Health Association Conference, Atlanta GA  
Huang, Y, **Zuniga, J.**, Garcia, A.  
Access to Diabetes Care for Patients at a FQHC System in Central Texas  
**First Place Student Award**
- <sup>+</sup> April 2017 4th Annual Cultural Inclusion Conference  
Reid, D., **Zuniga, J**  
*Disparities in Full Term Infant Mortality among Low-Risk African-Americans: A Literature Review*
- <sup>+</sup> March 2017 The Center for Health Promotion & Disease Prevention Research  
Wright, C., **Zuniga, J**, García, A  
Self-Management of HIV and Diabetes in African American Women: A Systematic Review of Qualitative Literature
- <sup>+</sup>February 2017 Southern Nursing Research Society  
Park, J., **Zuniga, J.**, García, A., Bluhm, D.  
*HIV symptom cluster analysis persons living with HIV and Diabetes*  
**Third place poster award in Minority Health research**
- February 2017 Southern Nursing Research Society  
Bose, E., García, A., **Zuniga, J.**, Zhang, W.  
*Mexican Americans' diabetes symptom clusters*
- February 2017 Innovations in Health Science Education annual conference  
Zuniga, J., Lin, L., Wilson, D.  
*Mapping Out Understanding Using Concept Maps*
- <sup>+</sup>October 2016 The American Public Health Association Conference, Denver, CO



Park, J., **Zuniga, J.** *Characteristics of Injury based on the Environment and Job Characteristics of Refuse and Recyclable Material Collectors in Korea.*

- <sup>+</sup>April 2016 St. David's Center for Health Promotion & Disease Prevention Research in Underserved Populations Annual Conference. Yediares, J., **Zuniga, J.** *HIV Pre-Exposure Prophylaxis and Young Gay/Bisexual Men: An Integrated Scoping Literature Review.*  
**Second Place Poster Award**
- <sup>+</sup>April 2016 St. David's Center for Health Promotion & Disease Prevention Research in Underserved Populations Annual Conference. Park, Y., **Zuniga, J.** *Effectiveness of Using Photo-based Health Education for People with low health literacy: an integrated review.*
- November 2015 American Public Health Association, 143<sup>rd</sup> Annual Meeting: Health in all Policies, Zuniga, J., Nguyen ML, Holstad, M. *Predictors of viral load and glucose control in persons with a dual diagnosis of HIV and diabetes.*
- July 2015 International Association of Providers of AIDS Care, 10th International Conference on HIV Treatment and Prevention Adherence, Frew, P., Holstad, M., **Zuniga, J.**, Braxton, N., Sarkodie, E., Ofotokun, & Wingood, *Multilevel factors contributing to women's entry, engagement, and adherence to HIV treatment and care*
- December 2014 Inter-CFAR Symposium on HIV Research in Women  
Zuniga, J., Nguyen ML, & Holstad, M.  
*Glucose control in women with a diagnosis of HIV and diabetes*
- February 2014 Southern Nursing Research Society  
Zuniga, J., Munoz, S., Johnson, M., & García, A.  
*Hispanic men's experience with tuberculosis treatment*
- February 2014 Southern Nursing Research Society  
Holstad, M., Higgins, M., McCoy, K., & Zuniga, J.  
*Age, Stigma, Adherence and Clinical Outcomes in patients with HIV*
- December 2013 Center for AIDS Research, Emory University  
Zuniga, J., McCoy, K., Holstad, M., & Higgins, M.  
*Is age a factor in adherence and stigma in a sample of women with HIV?*
- December 2013 mHealth Summit  
Holstad, M., Ofotokun, I., Farber, E., Waldrop-Valverde, D., Logwood, S., Hira, R.,... Zuniga, J.  
*There's an app for that! Promoting antiretroviral medication adherence in rural Georgia: The music for health project.*

- April 2013 Western Institute of Nursing 2013 Conference  
Zuñiga, J., Munoz, S., Johnson, M., García, A.  
*Lived experience of tuberculosis treatment for Mexican Americans living on the US-Mexico border*
- February 2012 Southern Nursing Research Society  
2012 Annual Conference  
*Directly observed therapy for tuberculosis outcomes in Latin American: An integrated review.*
- May 2011 Institute for Healthcare Advancement  
Annual Health Literacy Conference, Irvine, California  
Zuñiga, J., Reynolds, R., García, A., Cairampoma, L, & Sumlin, L. *Evaluation of Spoken Word Knowledge in Low Literacy in Diabetes Questionnaire for Mexican Americans*
- April 2011 Western Institute of Nursing 2011 Conference  
*The lived experience of directly observed therapy: A case study.*
- November 2010 American Public Health Association  
*138<sup>th</sup> Annual Meeting: Social Justice*  
García, A. A., Sumlin, L., Zuñiga, J., Horner, S. D., & Brown, S. A.  
*Home-based diabetes symptom self-management for Mexican Americans: 2010 update.*
- May 2010 University of North Texas Health Science Center  
5<sup>th</sup> Annual Texas Conference on Health Disparity  
2<sup>nd</sup> Place Poster Presentation Competition  
*Health literacy interventions to improve medication adherence in Hispanics*
- April 2010 Graduate Student Assembly Research Showcase, The University of Texas at Austin  
*Case study: The lived experience of directly observed therapy*
- March 2010 Center for Health Promotion Research  
*The lived experience of directly observed therapy: A case study*
- February 2010 Southern Nursing Research Society 2010 Annual Conference,  
*Integrated review of medication adherence in Hispanic with latent tuberculosis*

#### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

- 2008 - Present Sigma Theta Tau International
- 2009 - Present Southern Nursing Researcher Society
- 2010 - Present American Public Health Association

2006 - Present American Nurses Association

2006 - Present Texas Nurses Association District 5

2013 – Present Association of Nurses in AIDS Care

2010 - 2014 National Association of Hispanic Nurses

2014 – Present Council for the Advancement of Nursing Science

## **PROFESSIONAL AND COMMUNITY SERVICE**

### **RESEARCH ABSTRACT REVIEWER**

2017-Present Association of Nursing in AIDS Care

2016-Present American Public Health Association, Public Health Nursing Section, HIV Section

2016-Present St. David's Center for Health Promotion Research

### **AD HOC MANUSCRIPT REVIEWER FOR JOURNAL**

2016-Present *Journal of the Poor and Underserved*

2016-Present *Journal of Immigrant and Minority Health*

2016-Present *Western Journal of Nursing Research*

2016-Present *BMC Public Health*

2015-Present *AIDS Patient Care and STDs*

### **PROFESSIONAL SERVICE**

2015-Present Research Committee, Public Health Nursing Section, American Public Health Association, Research Committee Member

2011 APHA delegate to Cuba

2009 Scholarship Committee – committee to redesign the scholarship process and application, Texas Nurses Association

2009 Scholarship Committee, Sigma Theta Tau International, Epsilon Theta Chapter

2008 Treasurer, Texas Nurses Association, District 5.

### **COMMUNITY SERVICE**

2016-Present Volunteer Deputy Registrar, Travis County, Texas  
Coordinated voter registration at the School of Nursing Students

2010 and 2011 Homeless Resource Fair  
Coordinated The University of Texas at Austin volunteers.

Recruited and trained undergraduate and master's level students to perform basic nursing care and assessment for the homeless population of Austin

- 2009      Stand Down for the Homeless  
Supervised nursing students working at a resource fair for Austin homeless
- 2008      Assisted UT School of Nursing response to the call for volunteers to assist in  
response and recovery work for Hurricane Ike  
EOC - Nurse Triage Line (Sept. 14, 2008)  
Triage Center, Convention Center (Sept 19, 2008)  
JJ Pickle - Medical Special Needs Center (Sept. 22, 2008)