



**COMMISSION ON SENIOR  
MEETING MINUTES**

**REGULAR MEETING  
WEDNESDAY, SEPTEMBER 11<sup>TH</sup>, 2019**

**The Commission on Seniors convened a regular meeting at *South Austin Neighborhood Center, 2508 Durwood St, Austin, Texas 78704***

**Board Members in Attendance: Chair, *Janee Briesemeister, Adam Hauser, Diana Spain, Emily De Maria Nicola, Erica Garcia-Pittman, Fred Lugo, Jacqueline Angel, Karen Grampp, Martin Kareithi, Natalie Cagle, Sally Van Sickle.***

**Board Members not in Attendance: Vice Chair, *Peter Varteressian, Billy Jackson, Patricia Bordie, Ronald Sheaffer.***

**Staff in Attendance: *Cassandra DeLeon, Interim Assistant Director Disease Prevention Health Promotion, Austin Public Health and Halana Kaleel, Public Health Educator II, Austin Public Health***

**Presenters: *Maxine P. Vieyra, Alzheimer's Association Capital of Texas, and Lisa Sepulveda, Austin/Travis County EMS.***

**Chair, *Janee Briesemeister* called the Board Meeting to order at 12:10 p.m. The Commission introduced themselves.**

**I. CITIZEN COMMUNICATION**

A. None occurred.

**II. APPROVAL OF MINUTES FROM THE COMMISSION ON SENIORS AUGUST 14<sup>TH</sup>, 2019 MEETING**

A. The minutes for the regular meeting of August 14th, 2019 were approved on Commissioner Lugo motion, Commissioner Van Sickle second on a 9-0 vote. Commissioners Bordie, Garcia Pittman, Jackson, Kareithi, Sheaffer, and Varteressian were absent.

**III. ANNOUNCEMENTS**

- A. There is a new Commissioner, Diana Spain representing District 4. They are a retired social worker with extensive experience working with aging populations.
- B. Commissioner Van Sickle announced work opportunity for seniors through the 2020 Census. More information can be found at [2020Census.gov](http://2020Census.gov).
- C. Commissioner Angel announced a 2019 GSA Conference Workshop that will highlight the Age Friendly Action Plan as well as an interactive session on the intergenerational center.

- i. Support Staff DeLeon encouraged the Commission to participate and promote the workshop.

#### **IV. NEW BUSINESS**

- A. Discussion and vote of Joint Inclusion Committee Representation.
  - i. Chair Briesmeister discussed Joint Inclusion participation and representation.
  - ii. Currently Chair Briesmeister serves as the Chair, and Vice Chair Varteressian is the alternate.
  - iii. Recommendation adopting Chair Briesmeister as the Joint Inclusion representative and Commissioner Van Sickle as the alternate was approved on Commissioner Lugo motion, Commissioner Grampp second on a 11-0 vote. Commissioners Bordie, Jackson, Sheaffer, and Varteressian were absent.
- B. Presentation, Alzheimer's Association Capital of Texas, Maxine P. Vieyra.
  - i. Maxine P. Vieyra presented on the mission of the Alzheimer's Association Capital of Texas.
  - ii. There are racial and ethnic differences of Alzheimer's and dementia, including higher incident rates for Hispanic and African Americans.
  - iii. The LGBT community is less likely to seek services or delay going to the doctor to discuss changes.
  - iv. The Alzheimer's Association has a 24/7 helpline.
  - v. They also offer education, safety services, support groups, and professional caregiver resources.
- C. Presentation, Emergency Preparedness, Lisa Sepulveda.
  - i. Lisa Sepulveda presented on Emergency Preparedness for Seniors.
  - ii. They discussed planning, building a kit, and staying informed.
- D. Discussion and vote of adopting Resolution to support Audit of City Resources for the Senior Population.
  - i. The Commission reviewed the proposed audit lists for Fy2020.
  - ii. Recommendation adopting Resolution to support moving Audit Topic City Resources for the Senior Population to the Preliminary Proposed Projects list was approved on Commissioner Van Sickle motion, Commissioner Angel second on a 11-0 vote.

#### **V. OLD BUSINESS**

- A. Commission Work Plan – Standing Item
  - i. No discussion currently.
- B. Updates from Working Groups – Standing Item
  - i. Age Friendly Action Plan Implementation Working Group
    - No discussion currently.
  - ii. Transportation, Housing and Outdoor Spaces Working Group
    - No discussion currently.
  - iii. Social Participation, Respect and Social Inclusion, Civic Participation and Employment Working Group

- Commissioner Lugo met with Domain 1-3 Workgroup to discuss the data portal for the Age Friendly Action Plan.
    - Recommendations and edits were submitted to City of Austin Communication Technology Management.
  - iv. Community Support and Health Services Working Group
    - Workgroup did not meet during the month of September.
- C. Update on Joint Inclusion Committee – Standing Item
  - i. Chair Briesmeister discussed the need to be having discussions between various Boards and Commissions on capacity building.
- D. City of Austin Budget – Standing Item
  - i. City Council adopted FY2019-2020 Budget on September 10<sup>th</sup>.
  - ii. Recommendations by Commission on Seniors were supported in this budget.
- E. Update on the Equity Action Team – Standing Item
  - i. No discussion currently.

**VI. STAFF BRIEFINGS**

- A. Recommendation to start discussing Commission on Seniors 2020 Meeting Schedule at October’s Commission Meeting.

**VII. FUTURE AGENDA ITEMS**

- A. No discussion currently.

**VIII. ADJOURNMENT**

- A. Chair, Janee Briesmeister adjourned the meeting at 2:03 p.m. without objection.