

# Health and Human Services Committee Meeting Transcript – 12/11/2019

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Channel: 6 - COAUS

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[2:07:23 PM]

Wednesday, December the 11th, 2019. It is 2:07 P.M. And I now call the meeting to order for the health and human services commission. If anyone needs parking validated, please see the clerk. And generally we would take up citizens communication, but I don't have anybody signed up to speak. Are there any -- just a moment.

[2:09:07 PM]

>> Garza: Does the chair want to entertain a motion to pass the previous minutes? I can make a motion to pass the minutes of the last meeting to get those items --

>> Harper-madison: That would be great. Thank you.

>> Garza: I move approval of the minutes approval, which is item 1.

>> Harper-madison: The motion has been made by mayor pro tem Garza to pass the minutes for our last meeting. Can we get a second? That's been -- the motion is made by mayor pro tem Garza and seconded by councilmember tovo, in which case with no objection can we take -- can we take a quick vote to adopt the minutes from our last meeting?

>> Aye.

>> Aye.

>> Harper-madison: The motion is passed. Just a moment.

[2:10:26 PM]

And then for citizens communication I would like to call up Nella Anderson. Or not? We can move on to the next item --

>> She's here, she just went out.

>> Harper-madison: We'll move on to the next item. The only other item we had on our agenda was to adopt the calendar. If I can get a motion for that.

>> Garza: I move -- go ahead. I'll move approval of the calendar for next year.

>> Harper-madison: Can we get a second? Thank you. So moved by mayor pro tem Garza, seconded by councilmember kitchen. All those in favor?

>> Garza: Aye.

>> Harper-madison: It's unanimous from the dais we'll adopt our calendar as well.

>> Garza: Are we doing a special called for the interviews that we weren't able to do today?

>> Harper-madison: I'm not certain exactly how that's going to transpire, but I will definitely be in communication as soon as we get it figured out. Thank you for asking.

>> Tovo: Chair? If I may, that seat has been

[2:11:28 PM]

vacant for awhile and so if it's possible to have those interviews rescheduled possibly next week before we break, I think that would really be ideal. We have had another -- another opening on the board that's a county appointee so I think it's important that that board be filled as soon as it's possible.

>> Harper-madison: I agree and appreciate that contribution. Hi there. So we're going to move on to citizen communication. Nella Anderson, you have two minutes.

>> Thank you. I'm Nella Anderson and this is Laura. We're with paddles with purpose, Austin's dragon boat breast cancer team. So we just wanted to make you guys aware that we exist in Austin now as of July, and I didn't know what dragon boating is so here's a visual. Laura will give awe visual of what it is. It is a 20 person sport. It started in the '90s in Canada for breast cancer specifically because we know you need to lead a healthy lifestyle not to get recurrence, but also to not

[2:12:32 PM]

get cancer at all. So dragon boating really provides that strength and determination and emotional support on the water. So currently they are in need of a dragon boat. So if you guys ever know of any funding maybe that would help us out or we could connect with others. But what we want to do for Austin is we want to help educate people about lifestyle because one in eight women get breast cancer, and 90% of it is lifestyle related. So I feel like I'm well educated. I have a ph.d and I'm a college professor, and I was in a clinical trial at M.D. Anderson for lifestyle changes and I knew 10% of what they taught me. I thought lifestyle, eating healthy was eating a whataburger junior instead of after whataburger.

[Laughter]. That doesn't help fight disease. So now I know how to use lifestyle to fight disease. We want to work with underserved populations and also want to get youth on the water. We have a dragon boat festival. Austin has theirs in the end of April and we want to have

[2:13:32 PM]

youth teams this year. So maybe some communities that aren't used to water sports or need more access, things like that. So we want youth and adults. We wanted to tell you guys that we're here. And if you ever think we can help the community, we would be glad to. If you think of ways that you could help us, that would be awesome.

>> Harper-madison: Thank you very much. I'd like to know, in case any of my other colleagues have questions, I have one quick question.

>> Garza: I don't have any question, but I was going to say we have our public health staff here and maybe they know of a current -- one of our current grantees that we grant funding to that would somehow collaborate with you and work with you somehow.

>> Awesome. That would be fantastic. Thank you.

>> Harper-madison: And then my question was going to be have y'all connected with the folks over at the breast cancer resource center yet?

>> We have a lot of our members. So we're currently looking for breast cancer members too for our team. We have about 35 now, but a lot of our members are connected with the resource center and we volunteered

[2:14:35 PM]

already with the resource center and komen on resource activities.

>> Harper-madison: Awesome. Thank you very much for presenting for us today.

>> Thank you. Sorry it was rushed. But thanks for waiting on me.

>> Harper-madison: And with that, colleagues, we've approved our minutes and we approve the 2020 meeting schedule, in which case unless there are any further contributions from my colleagues, I can probably call us adjourned at 2:14. Thank you.