

**Application Form****Profile**

Paula

First Name

Middle Initial

Coopwood

Last Name

**Preferred Name**

Email Address

6717 Valburn Drive

Home Address

Suite or Apt

Austin

City

TX

State

78731

Postal Code

**Residency and District Information****Are you a City of Austin Resident? \***☒ Yes

**Are you, or your employer, a registered lobbyist with the City or have you, or your employer, been registered as a lobbyist with the City Clerk within the past three years?**

No

Mobile: (512) 431-7445

Primary Phone

Home:

Alternate Phone

**Cell Phone**

5124317445

**Home Phone****Business Phone****Select Your District**☒ District 10

CareNow Urgent Care

Employer

Nurse Practitioner-Family  
Practice

Job Title

**Interests & Experiences**

Please tell us about yourself and why you want to serve on a board or commission

## Why are you interested in serving on a board or commission?

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I was employed at Brackenridge Hospital in the Emergency Room for more than 20 years and Operating Room. My interest has always been in health care for the vulnerable high risk clients. My knowledge and experience in the Emergency Department taking care of patients dealing with sobriety, the struggles they face and the burden on families, healthcare and security would be beneficial in improving and achieving the delivery of the Sobriety Center goals.

[Paula Resume.pdf](#)

Upload a Resume

## Resume

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See attached resume

## Qualifications

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Master's Degree in Healthcare - Family Nurse Practitioner. I have worked for more than 20 years at Brackenridge Hospital in the Emergency Dept. and Operating Room with the vulnerable high risk population. Many years involvement with community fundraising- Fiesta, Art City Austin, Travis Count Medical Alliance.

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## Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

### Ethnicity

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☒ Caucasian/Non-Hispanic

### Gender

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☒ Female

### Sexual Orientation

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☒ Straight/Heterosexual

  
Date of Birth

Disability or Impairment Information

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**Do you have an auditory/hearing disability or impairment?**

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☒ No

**Do you have a visual disability or impairment?**

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☒ No

**Do you have a mobility disability or impairment?**

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☒ No

**Do you have a cognitive disability or impairment?**

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☒ No

**Do you have another disability or impairment you'd like to share?**

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None

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## **Board Requirements**

**Which Boards would you like to apply for?**

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Sobering Center Local Government Corporation: Submitted

Some boards have additional requirements for appointees. Additional requirements will appear below as they apply to each board.

Question applies to Sobering Center Local Government Corporation

**Please select the requirements you have met (Sobriety Center Local Government Corporation): \***

- 
- ☒ City Council representative
  - ☒ Joint representative from City Council and Travis County Commissioner Court
  - ☒ Travis County Commissioner Court representative

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## Texas Open Records Act

City of Austin Officials are able to choose whether or not their home address, home telephone numbers, emergency contact information, social security number, and information that reveals whether they have family members are available to the public on request. The Texas Public Information Act is a State law that requires the City of Austin to disclose this information to anyone who requests it. The only exceptions are for: 1) commissioned peace officers; and 2) Official who file a written request to withhold this information. Officials who are not peace officers and who do not submit such a written request will have this information made available to anyone who requests it. Do you choose to have your home address, home telephone number, emergency contact information, social security number and information that reveals whether you have family withheld members from the public?

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☐ Yes ☒ No

# PAULA COOPWOOD, MSN, RN, FNP-C

512-431-7445 | [REDACTED]

## FAMILY NURSE PRACTITIONER

Emergency/Trauma Care | Urgent Care | Surgery

Trusted and respected Certified Family Nurse Practitioner with strong combination of education and experience, poised to bring talents and passion for patient care to a role as a Family Nurse Practitioner. Highly skilled in all aspects of nursing, emergent care, electronic medical records, urgent care, workman's comp, DOT physicals, pre-op physicals, surgical and patient education. A natural leader, self starter with the ability to assess a situation, act decisively and remain calm under pressure.

### EDUCATION & CREDENTIALS

**Master of Science** in Nursing,  
Certified Family Nurse Practitioner, 2013

Texas Tech University Health Science Center, Lubbock, TX

**Bachelor of Science** in Nursing, 2010  
University of Texas at Arlington, Arlington, TX

Texas Nursing License – Board of Nurse Examiners for the State of Texas State – RN, FNP-C  
Massachusetts Nursing License – Board of Nurse Examiners in State of Massachusetts – RN – FNP-C

CEN-Certified Emergency Nurse (CEN)  
Department of Transportation Certified Provider (DOT)  
BLS – Basic Life Support (BLS)

Emergency Nurses Association  
Texas Nurse Practitioners

Austin Advanced Nurse Practitioner Alliance

### PROFESSIONAL EXPERIENCE

**CARENOW URGENT CARE formerly MedSpring Urgent Care**, Austin, TX  
*Nurse Practitioner, Urgent Care*

2/2015 to present

- Telehealth Urgent Care
- Full spectrum of urgent care conditions from acute illnesses, traumatic injuries, workman's comp
- Performs surgical procedures, interpreting diagnostic studies including x-rays and EKG's
- Performs physicals, DOT certified to perform physicals
- Solo practice
- ECW and Velocidoc

**CAPITAL EMERGENCY ASSOCIATES**, Austin, TX  
*Nurse Practitioner, Emergency Department, HCA Hospitals*

2002 to 2015

- Provide primary care to patients of all age groups. Provides healthcare within scope of practice.
- Provides direct healthcare to patients, including performing physical assessment of patients using observation, Inspection, auscultation, palpation, and percussion. Orders and/or performs laboratory studies, interprets studies.
- Responsible for suturing lacerations, incising and draining infections, and performing x-rays to determine infections or fractures.
- Secures and evaluates complete medical histories of patients. Refers patients with abnormal findings to appropriate medical specialists for care.

**UNIVERSITY MEDICAL CENTER BRACKENRIDGE**, Austin, TX  
*Charge/Staff Nurse, Emergency Department, Level I Trauma Center*

2002 to 2014

- Manage 43-bed Level I trauma department, supervising 35 emergency department employees per shift and caring for Level I-V patients.
- Promote and evaluate quality patient care; coordinate multidisciplinary approaches to the nursing process.
- Provide input to budget planning, staffing, scheduling, and patient and staff satisfaction.
- Participate on the Patient Safety, Informatics and Compass Expert committees
- Hands on patient care – Very efficient IV insertion

#### Early Career Highlights:

**AUSTIN SURGICAL CLINIC, GENERAL SURGEON'S OFFICE**, Austin, TX  
*Surgical Office Clinic Nurse*  
*Surgical First Assistant General Surgeons*

**BRACKENRIDGE HOSPITAL, Operating Room, Austin, TX**

*Charge Nurse*

*Surgical Nurse, all specialties-major concentration in Ortho, Plastics and General Surgery*

*Expert Circulator, all specialties*

*First Assistant General Surgery, all areas of surgery*

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**COMMUNITY LEADERSHIP**

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Travis County Medical Alliance, Austin Texas

Past President and Event Chairman

*A 450 member organization formed in 1924 to promote unity within the local medical community, and to provide for member growth and support.*

- Events included, Any Baby Can, Health Fest, Graduation Project (Alcohol Free Senior Graduation Party), Quality of Life Programs, and the annual Formal Fundraising Gala, Toast to Town-Medical Career Scholarships.