



Health Care for the Homeless Health & Wellness Center Proposal

Integral Care helps individuals build health and well-being so everyone has the foundation to reach their full potential. When individuals have a safe and stable place to live and the support services to address their health care needs, they do well and thrive. However, recovery from mental illness, substance use disorders and chronic health conditions is almost impossible without a place to call home. Integral Care has served individuals experiencing homelessness for over 20 years, providing the largest continuum of homeless services in Travis County. In fiscal year 2020, Integral Care served over 5,400 individuals experiencing homelessness, providing a wide array of services, including homeless outreach, shelter, permanent supportive housing, substance use treatment and specialty integrated medical services, among other programs.

Despite our continued efforts to increase access to care for this population, the need for services and integrated behavioral health and primary care treatment exceeds the resources available. When individuals have limited access to primary care, poor health outcomes and a lack of preventive care for chronic conditions prevail. The majority of adults who experience homelessness have more than one health issue. In fiscal year 2019, 65% of individuals experiencing homelessness served by Integral Care had at least one co-occurring mental health and substance use disorder, while 45% also had a co-morbid chronic medical condition. Hypertension was the most common chronic medical condition, followed by diabetes and asthma. The most significant contributors to excess emergency-room usage in Travis County by this population were hypertension, substance use, mood disorders and schizophrenia or psychotic disorders.

Over the last year, Integral Care established a new standard of care to meet the complex health care needs of our homeless neighbors moving into permanent supportive housing. As the lead behavioral health care provider for those experiencing homelessness, Integral Care is leading the development and implementation of an integrated behavioral health clinic at Terrace at Oak Springs. The 3000 Oak Springs clinic specializes in serving those experiencing homelessness who struggle with severe and persistent mental illness, substance use disorders and chronic health conditions.

As the number of individuals experiencing homelessness with complex health conditions continues to increase, the need for additional behavioral health services that are fully integrated with primary care continues to grow. To increase access to care, we have developed



a plan to expand our services at our 3000 Oak Springs Clinic over the next three years, establishing a Health Care for the Homeless Health and Wellness Center. Our proposed plan expands our continuum of services from outreach and engagement to permanent housing by increasing access to specialty mental health, substance use treatment and primary care for individuals identified by the Homeless Outreach Street Team (HOST). Currently individuals identified by the HOST team are referred to Downtown Austin Community Court (DACC) for support or to Integral Care's East 2nd Street clinic for central intake. Both of these systems are at or over capacity. DACC has over 200 individuals on a waitlist and our East 2nd Street Clinic has over 2,000 patients enrolled. ***Our proposal focuses on meeting the needs of individuals identified by HOST and DACC and linking them directly to a specialty intensive integrated treatment team to access the care individuals need as an extension of the HOST team. The 3000 Oak Springs Clinic will serve as the centralized health care HUB for this population serving the most in need in the Downtown area. An additional team of 5 dedicated staff and one psychiatrist will provide intensive case management and rehabilitation services to up to 100 individuals at a time. As individuals move through the system, achieving health and stability, additional people can be referred by HOST. We anticipate being able to treat 150-175 persons per year. This team will leverage a variety of resources available at the 3000 Oak Springs Clinic including but not limited to mental health and substance use treatment, primary care services, housing navigation, benefit assistance, supported employment and peer support services.***

Integral Care has committed over \$1.7 million to support the operations of the 3000 Oak Springs Clinic through grants from Health and Human Services Commission and Episcopal Health Foundation. Additional resources are needed to support the growing need of individuals experiencing homelessness and to expand access to care. The total projected need in funding to develop this ***specialty intensive integrated treatment team*** over the next three years is \$ 1,564,066. The proposed pro-forma is included below.

Integral Care is committed to exploring new avenues for supporting the behavioral health needs of our neighbors experiencing homelessness. We would like to invite Downtown Austin Alliance to join us in order to make the Health Care for the Homeless Health & Wellness Center a place where our neighbors without homes can get the care they need in Austin.



Intensive Community Integrated Service Team- Health Care for the Homeless HUB				
BUDGET CATEGORY	Year 1 TAOS Clinic	Year 2 TAOS Clinic	Year 3 TAOS Clinic	Total
Salaries	\$ 214,619	\$ 221,058	\$ 221,058	\$ 656,735
Employee Benefits	\$ 62,244	\$ 64,111	\$ 64,111	\$ 190,466
Network and Insurance	\$ 19,655	\$ 20,245	\$ 20,245	\$ 60,145
Training/Travel	\$ 16,677	\$ 17,177	\$ 17,177	\$ 51,031
Contractors/ Psychiatrist	\$ 66,720	\$ 68,722	\$ 68,722	\$ 204,164
Facilities Expense	\$ 55,991	\$ 57,671	\$ 57,671	\$ 171,333
Vehicle Expense	\$ -	\$ -	\$ -	\$ -
Capital Expense	\$ -	\$ -	\$ -	\$ -
Computers	\$ 10,000	\$ -	\$ -	\$ 10,000
Supplies	\$ 500	\$ 515	\$ 515	\$ 1,530
Client Expenses	\$ 20,000	\$ 20,600	\$ 20,600	\$ 61,200
Other	\$ 345	\$ 355	\$ 355	\$ 1,055
Total Program Expenses	\$ 466,751	\$ 470,454	\$ 470,454	\$ 1,407,659
Total Indirect Expense	\$ 51,861	\$ 52,273	\$ 52,273	\$ 156,407
TOTAL EXPENSES	\$ 518,612	\$ 522,727	\$ 522,727	\$ 1,564,066