



Menstrual Equity Initiative Briefing

HHSC 9 December 2020



Project Vision

Austinities' lives are not limited or restricted by menstruation.

Building a Broad Coalition

- ◆ Public, private, and nonprofit organizations are engaging in this initiative
- ◆ Due to engagement and support, group is bifurcated to increase efficiency
 - ◆ Workgroup: Austin Public Health, AISD, HACA, TX Commission for Women
 - ◆ Stakeholder group: Central Health, Council members, Peoples' Community Clinic, adolescent-focused nonprofits, potential funders, community organizations

Two Pilot Projects

◆ Education

- ◆ Creating a video explaining anatomy and process of menstruation, period products, common period symptoms and how to handle them, web-based resources for more information
- ◆ Content provided by adolescent-focused health care professionals

◆ Period Products

- ◆ Working with support organizations to source, store, sort, and pack period products for easy pickup
- ◆ Coordinating drops through programs that are already supplying emergency goods (food, PPE)
- ◆ NEED: funding for purchase of bulk period products

Questions?

- ◆ If you have:
 - ◆ ideas of donors who could contribute bulk period products or funding to buy them
 - ◆ suggestions for next steps for these projects
 - ◆ suggestions for other projects to improve menstrual equity in Austin
 - ◆ questions that have not been answered

...please contact Meg Moore at meg.moore@austintexas.gov - thank you!