

Trauma Recovery Centers: Removing Barriers to Care

What is a Trauma Recovery Center?

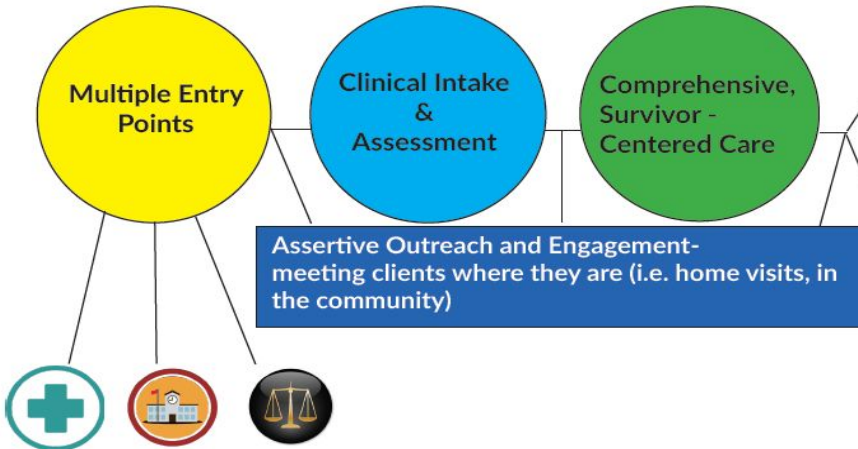
- One-stop centers to support victims of violent crime through recovery process
- Wide-ranging, comprehensive support, from mental health counseling and case management to navigating the justice system, help relocating - and more
- Confidential support in a trusted, community-centered environment



How TRCs Work

New Model of Care: Trauma Recovery Center Services & Support

Survivor



Recovery & Healing

Intensive Clinical Case Management & Support

Evidence-Based Mental Health Treatment

Speaker's Bureau

Coordination Across Multiple Systems of Care

Evaluation of Client Outcomes

Community Partnerships

- Medical Care
- Victim Services
- Substance Use Services
- Peer Counseling
- Legal Services
- Safe Housing/Shelter
- Vocational Services
- Educational Programs
- Children's Services
- Entitlement Programs
- Food Programs
- Faith Communities

Facilitating the process of healing, hope and recovery for survivors of trauma

Impact of TRCs

More Victims Access Supportive Services and the Justice System

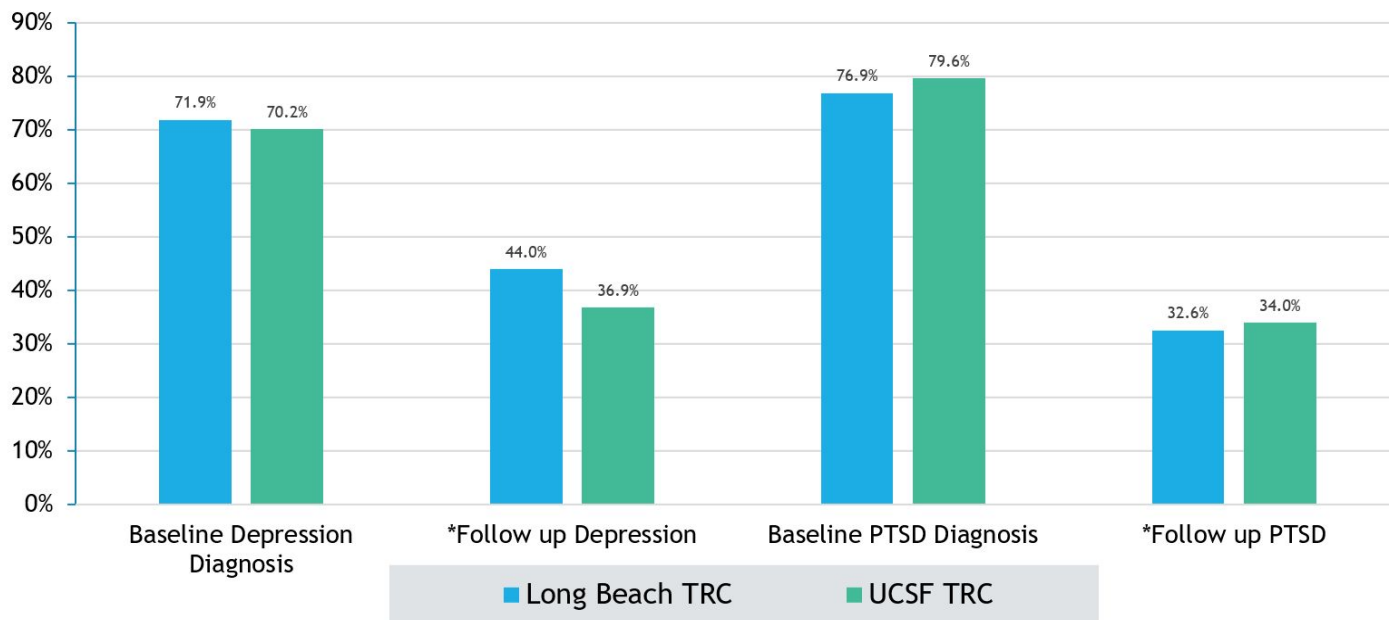
- Increased rate of sex assault survivors receiving mental health from **6% to 71%**
- Increased access to mental health services **72%** TRC vs 38% usual care
- Increased cooperation with police – a **69%** increase in police reports filed
- Decreased rate of **41 %** in homelessness of survivors served by a TRC vs usual care.

Victims Experience Improvement in Health and Life Functioning

- **74%** show an improvement in mental health
- **51%** show an improvement in physical health
- **52%** show a decrease in alcohol use
- PTSD symptoms decrease **46%**
- Depression symptoms decrease **47%**
- Impacts hold across different TRCs that have been studied

Impact of TRCs

Two Different TRCs (SF and Long Beach) Have Same Impacts (2018-2019)



Cost of TRCs

- Clients served through a TRC vs usual care can be served at a third less cost.
- The minimum cost of a TRC is \$1million annually
- If the County and City partner the ask would be \$500,000 for two years.
- We recognize that funding is done annually, but we would ask for at least a 2 year commitment.
- The TRC can serve hundreds of survivors a year.

Trauma Recovery Centers

Northern California

- Alameda County TRC - Family Justice Center
- West Contra Costa Family Justice Alliance
- Partnerships for Trauma Recovery, Berkeley
- Ruby's Place TRC, Castro Valley
- Solano TRC, Fairfield
- UC San Francisco TRC

Southern California

- Long Beach TRC
- Downtown Women's Center/Peace Over Violence, Los Angeles
- CSUN - Strength United, Northridge
- Harbor-UCLA TRC, Torrance
- HOPICS/SSG TRC, Los Angeles
- Chadwick Center for Children & Families, San Diego
- Miracles Counseling Center TRC, Gardena
- Christian Counseling Service, Redlands
- Amanecer Community Counseling Service (LA)
- Palomar Health Foundation, San Diego
- Olive View UCLA, Los Angeles
- A Quarter Blue, Orange County



Illinois

- Advocate TRC, Chicago
- Advocate Condell TRC, Lake County
- OSF STRIVE TRC, Peoria
- OSF St. Anthony TRC, Rockford
- SIU Survivor Recovery Center (SIU) TRC, Springfield

Iowa

- Central Iowa TRC, Des Moines

Ohio

- Seven Hills TRC, Cincinnati
- May Dugan TRC, Cleveland
- MetroHealth TRC, Cleveland
- Brenda Glass TRC, Cleveland
- OhioHealth TRC, Columbus
- OSU-STAR, Columbus
- Citilookout TRC, Springfield
- Mercy Health TRC, Toledo

Pennsylvania

- Central PA Center for Trauma & Healing - TRC, Harrisburg

New Jersey

- Jersey City Medical Center TRC, Jersey City
- Newark Community Street Team TRC, Newark
- University Hospital TRC, Newark
- CarePlus TRC, Bergen County

Georgia

- Grady Hospital TRC, Atlanta

Florida

- Thriving Minds South Florida Trauma Recovery Network

39 TRCs Nationally (as of 7.1.2021)