



# Trauma Recovery Centers: Removing Barriers to Care

# What is a Trauma Recovery Center?

- One-stop centers to support victims of violent crime through recovery process
- Wide-ranging, comprehensive support, from mental health counseling and case management to navigating the justice system, help relocating - and more
- Confidential support in a trusted, community-centered environment



# The Model



**Assertive outreach**  
and engagement to engage  
crime survivors in services.



**Proven approaches**  
to address crime survivor needs,  
like evidence-based psychotherapy  
that targets specific symptoms.

## **Clinical case management**

to address survivors' basic needs  
(medical, legal, financial, housing)  
and coordination of care across  
systems.



## **A mission to respond both to victims of crimes that are underserved**

(such as community violence) and to people who  
face challenges in accessing usual care, such as  
low-income people and those who are young,  
homeless or from communities of color.

# The Need

- Unaddressed trauma has costly consequences for the survivor, their family, and the larger community.

**1** IN **10** RECEIVE ASSISTANCE



**ONLY ABOUT ONE IN 10 PEOPLE WHO SURVIVE A  
VIOLENT CRIME RECEIVE DIRECT ASSISTANCE FROM  
A VICTIM SERVICE AGENCY.**

# Preventing Repeat Victimization

- The data show that victims of violent crime are 4X as likely to be repeat crime victims and that more than 1/3 of victims of violent crime have been repeatedly victimized.
- The comprehensive services provided by TRCs heal individuals, families, and communities, preventing repeat victimization and breaking cycles of crime and violence.

# Why Trauma Recovery Centers?

- Work hand-in-hand with existing victims services and community resources. Traditional victims services are one of the biggest sources of referrals to TRCs.
- Serve people who do not go through the criminal justice system.
- Serve people of color and people experiencing homelessness at higher rates.
- Increases access to victim compensation for survivors who are young, and who have less education.

# Why Trauma Recovery Centers?

- Serve survivors of a wider variety of crimes, including people experiencing community violence and family members who have lost loved ones to violence.
- Are more cost effective.
- Improve health and well-being of clients.

# Impact of TRCs

## More Victims Access Supportive Services and the Justice System

- Increased rate of sex assault survivors receiving mental health from **6% to 71%**.
- Increased access to mental health services **72%** TRC vs 38% usual care.
- Increased cooperation with police – a **69%** increase in police reports filed.
- Decreased rate of **41 %** in homelessness of survivors served by a TRC vs usual care.

# Impact of TRCs

## Victims Experience Improvement in Health and Life Functioning

- **74%** show an improvement in mental health
- **51%** show an improvement in physical health
- **52%** show a decrease in alcohol use
- PTSD symptoms decrease **46%**
- Depression symptoms decrease **47%**
- Impacts hold across different TRCs that have been studied

# Cost and Sustainability of TRCs

- Clients served through a TRC vs usual care can be served at a third less cost.
- The minimum cost of a TRC is \$1 million annually
- If the County and City partner, the ask would be \$500,000 each.
- We recognize that funding is done annually, but we would ask for at least a 2 year commitment.
- The TRC can serve hundreds of survivors a year.

# Trauma Recovery Centers

## Northern California

- Alameda County TRC - Family Justice Center
- West Contra Costa Family Justice Alliance
- Partnerships for Trauma Recovery, Berkeley
- Ruby's Place TRC, Castro Valley
- Solano TRC, Fairfield
- UC San Francisco TRC

## Southern California

- Long Beach TRC
- Downtown Women's Center/Peace Over Violence, Los Angeles
- CSUN - Strength United, Northridge
- Harbor-UCLA TRC, Torrance
- HOPICS/SSG TRC, Los Angeles
- Chadwick Center for Children & Families, San Diego
- Miracles Counseling Center TRC, Gardena
- Christian Counseling Service, Redlands
- Amanecer Community Counseling Service (LA)
- Palomar Health Foundation, San Diego
- Olive View UCLA, Los Angeles
- A Quarter Blue, Orange County



## Illinois

- Advocate TRC, Chicago
- Advocate Condell TRC, Lake County
- OSF STRIVE TRC, Peoria
- OSF St. Anthony TRC, Rockford
- SIU Survivor Recovery Center (SIU) TRC, Springfield

## Iowa

- Central Iowa TRC, Des Moines

## Ohio

- Seven Hills TRC, Cincinnati
- May Dugan TRC, Cleveland
- MetroHealth TRC, Cleveland
- Brenda Glass TRC, Cleveland
- OhioHealth TRC, Columbus
- OSU-STAR, Columbus
- Citilookout TRC, Springfield
- Mercy Health TRC, Toledo

## Pennsylvania

- Central PA Center for Trauma & Healing - TRC, Harrisburg

## New Jersey

- Jersey City Medical Center TRC, Jersey City
- Newark Community Street Team TRC, Newark
- University Hospital TRC, Newark
- CarePlus TRC, Bergen County

## Georgia

- Grady Hospital TRC, Atlanta

## Florida

- Thriving Minds South Florida Trauma Recovery Network

**39 TRCs Nationally** (as of 7.1.2021)