

Trauma Recovery Centers: Removing Barriers to Care





What is a Trauma Recovery Center?

- One-stop centers to support victims of violent crime through recovery process
- Wide-ranging, comprehensive support, from mental health counseling and case management to navigating the justice system, help relocating and more
- Confidential support in a trusted, community-centered environment



The Model



Assertive outreach

and engagement to engage crime survivors in services.



Proven approaches

to address crime survivor needs, like evidence-based psychotherapy that targets specific symptoms.

Clinical case management

to address survivors' basic needs (medical, legal, financial, housing) and coordination of care across systems.



A mission to respond both to victims of crimes that are underserved

(such as community violence) and to people who face challenges in accessing usual care, such as low-income people and those who are young, homeless or from communities of color.

The Need

 Unaddressed trauma has costly consequences for the survivor, their family, and the larger community.





ONLY ABOUT ONE IN 10 PEOPLE WHO SURVIVE A VIOLENT CRIME RECEIVE DIRECT ASSISTANCE FROM A VICTIM SERVICE AGENCY.



Preventing Repeat Victimization

- The data show that victims of violent crime are 4X as likely to be repeat crime victims and that more than ¹/₃ of victims of violent crime have been repeatedly victimized.
- The comprehensive services provided by TRCs heal individuals, families, and communities, preventing repeat victimization and breaking cycles of crime and violence.



Why Trauma Recovery Centers?

- Work hand-in-hand with existing victims services and community resources. Traditional victims services are one of the biggest sources of referrals to TRCs.
- Serve people who do not go through the criminal justice system.
- Serve people of color and people experiencing homelessness at higher rates.
- Increases access to victim compensation for survivors who are young, and who have less education.



Why Trauma Recovery Centers?

- Serve survivors of a wider variety of crimes, including people experiencing community violence and family members who have lost loved ones to violence.
- Are more cost effective.
- Improve health and well-being of clients.





More Victims Access Supportive Services and the Justice System

- Increased rate of sex assault survivors receiving mental health from 6% to 71%.
- Increased access to mental health services 72% TRC vs 38% usual care.
- Increased cooperation with police a 69% increase in police reports filed.
- Decreased rate of **41**% in homelessness of survivors served by a TRC vs usual care.



Impact of TRCs

Victims Experience Improvement in Health and Life Functioning

- **74%** show an improvement in mental health
- **51%** show an improvement in physical health
- **52%** show a decrease in alcohol use
- PTSD symptoms decrease **46%**
- Depression symptoms decrease **47%**
- Impacts hold across different TRCs that have been studied



Cost and Sustainability of TRCs

- Clients served through a TRC vs usual care can be served at a third less cost.
- The minimum cost of a TRC is \$1 million annually
- If the County and City partner, the ask would be \$500,000 each.
- We recognize that funding is done annually, but we would ask for at least a 2 year commitment.
- The TRC can serve hundreds of survivors a year.



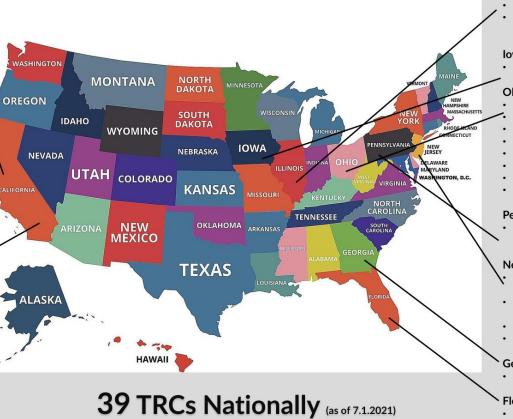
Trauma Recovery Centers

Northern California

- Alameda County TRC Family Justice Center
- West Contra Costa Family Justice Alliance
- Partnerships for Trauma Recovery, Berkeley
- Ruby's Place TRC, Castro Valley
- Solano TRC. Fairfield
- UC San Francisco TRC

Southern California

- Long Beach TRC
- Downtown Women's Center/Peace Over Violence. Los Angeles
- CSUN Strength United. Northridge
- Harbor-UCLA TRC, Torrance
- HOPICS/SSG TRC, Los Angeles
- Chadwick Center for Children & Families, San Diego
- Miracles Counseling Center TRC, Gardena
- · Christian Counseling Service, Redlands
- Amanecer Community Counseling Service (LA)
- Palomar Health Foundation, San Diego
- Olive View UCLA, Los Angeles
- A Ouarter Blue, Orange County



Illinois

- Advocate TRC, Chicago
- Advocate Condell TRC. Lake County
- OSF STRIVE TRC. Peoria •
- OSF St. Anthony TRC, Rockford
- SIU Survivor Recovery Center (SIU) TRC, Springfield

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Central Iowa TRC, Des Moines

Ohio

- Seven Hills TRC. Cincinnati
- May Dugan TRC, Cleveland
- MetroHealth TRC, Cleveland
- Brenda Glass TRC, Cleveland
- OhioHealth TRC. Columbus
- OSU-STAR, Columbus
- Citilookout TRC, Springfield
- Mercy Health TRC, Toledo

Pennsylvania

- Central PA Center for Trauma &
- Healing TRC, Harrisburg

New Jersey

- Jersey City Medical Center TRC, Jersev Citv
- Newark Community Street Team TRC. Newark
- University Hospital TRC, Newark
- CarePlus TRC, Bergen County

Georgia

· Grady Hospital TRC, Atlanta

Florida

 Thriving Minds South Florida Trauma Recovery Network