Meadows Mental Health Policy Institute Recommendations

An Update for City Council April 19, 2022

Introductions

City of Austin

- Commander Eric Fitzgerald, Austin Police Department
- Assistant Chief Andy Hofmeister, Austin/Travis County EMS

Integral Care

- Dawn Handley, Chief Operations Officer
- Sherry Blyth, Director, Crisis Services, Specialty Substance Use Treatment and Justice Initiatives
- Kedra Priest, Practice Manager, Expanded Mobile Crisis Outreach Team (EMCOT)

Background

- Meadows Mental Health Policy Institute (MMHPI)
 - o Recommendations for First Responder Mental Health Calls for Service
- MMHPI re-engaged in 2020 to assist with implementation of all six recommendations
- Additional contract to complete implementation executed in December 2021 to be completed March 31, 2022

Recommendation #1, #2, #3, #6

"APD Chief's Mental Health Program and Response Advisory Function Developed Within the Behavioral Health and Criminal Justice Advisory Committee (BHCJAC)"

"Mental Health Training for Call Takers & Dispatchers"

"Mental Health Integrated Dispatch"

"Community Outreach in Collaboration with NAMI Central Texas"

Call Data



- 3,766 calls were diverted away from law enforcement in 2021
- On track to divert 7,800 calls to clinicians this year
- Research indicates when officers are aware of a mental health crisis component:
 - Arrest rates were 45.5% lower
 - Use of Force was as much as 56.3% lower

Recommendation #4

"Sustainability of EMCOT, Including Telehealth Expansion"

• Funding for EMCOT has been secured

Telehealth expansion is ongoing

 APD deployed 265 iPads to 5 sectors
 APD currently addressing low utilization through training and education
 EMS has capability but are currently addressing low utilization through training & education

Recommendation #4 Continued

- Telehealth capability is available, but utilization has been low
- MMHPI conducted several focus group surveys and interviews of field staff to determine "why?"
- Based on feedback provided, an educational video has been developed
 Being distributed to APD & EMS field staff after final review

Jerry's Story

Jerry called 911 and requested police response after he and his partner got into a fight and he was afraid of what he would do to himself.

Recommendation #5

"Collaboration with APD Crisis Intervention Team and Community Health Paramedic Program"

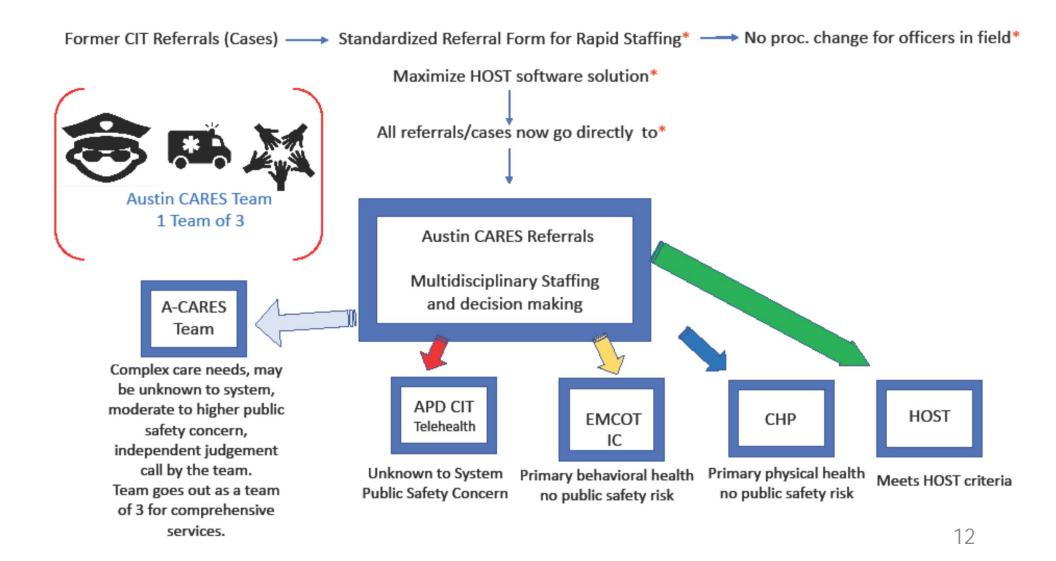
- Began seeing clients in April 2022
- Continuing to increase staffing as resources allow

Recommendation #5 Continued

- Multi-disciplinary team comprised of police officer, mental health clinician & paramedic
- Utilized to engage individuals with:
 - A suspected or known threat to public safety
 - Complex medical needs
 - Severe mental health concerns
- Same concept as the HOST team but for mental health needs

Recommendation #5 Continued

- Training & orientation was completed in March 2022
- Team reviews cases referred to APD-CIT to determine needs and directs referrals to other resources
- Team will first serve as a "follow-up" resource to solidify workflows and test processes



CARES Scenario

Actual call coordinated by program manager at CTECC, in current capacity unable to dispatch all together, had to Walk over and speak with CHP 100 for dispatch.

Questions

