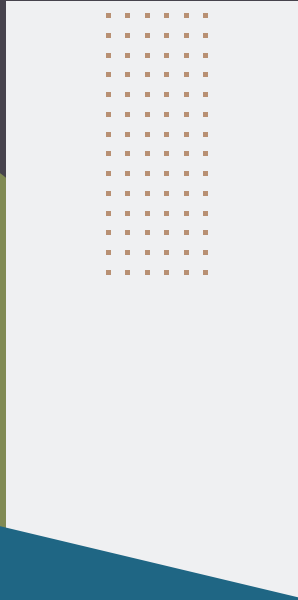




# Therapeutic Recreation Services





Austin Parks and Recreation Department (PARC) is proud to offer Therapeutic Recreation Services to provide safe, accessible, fun and supportive recreation environments for all persons no matter their abilities. PARC's Therapeutic Recreation Services include both adaptive and inclusive programs which are facilitated and supported by Certified Therapeutic Recreation Specialists (CTRS).

# Danny G. McBeth Recreation Center



- Good Neighbor Adventure Club (GNAC)
- Therapeutic Recreation Group Therapies
  - Social Skills, Motor Skills
- Camps- Youth, Teens, Young Adults
- Community Events & Partnerships
  - Community Connect - APD
  - Art in the Park - Art Spark Texas
  - Halloween Spooktacular
- Adaptive Sports
- Enrichment Programs
  - Inclusive Choir
  - Adaptive Fitness
  - Social Groups

# Alamo Recreation Center

---

- Capital City Explorers (CCE)
- Healthy Aging
- The Hangout
- Community Partnerships
  - Alamo Community Garden
  - Creative Action
  - Meals on Wheels
- Community Events
  - Senior Outings
  - Paws and Pumpkins
  - Inclusive Spring Festival



ACQUIRED: Summer 2021

# Dottie Jordan Recreation Center

Under Construction

Projected Opening April 2023

Renovations Include:

- ADA Accessible Kitchen
- Fully Renovated Bathrooms
  - Adult Changing Tables
  - New Plumbing
- Park Improvements
  - Accessible water fountain
  - Updated park access
    - Parking lot
    - Sidewalks



ACQUIRED: Spring 2020

# Inclusion Unit

---

- Provides training for all department staff
- Promotes disability resources for the department
- Modifies programs & create inclusive environment
- Creates & implements personal modification plans
- Develops a successful, positive, and inclusive recreation experience
- Supports PARD Programming
  - Camps
  - After school Programs
  - Senior Programming
  - Nature based programming
  - Cultural Arts

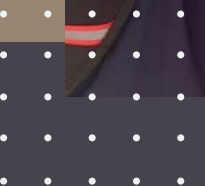




# On The Horizon

---

- Therapeutic Education for Families
  - Behavior Intervention/SAMA
  - Therapeutic Recreation - Intervention Toolbox
  - Family Financial Literacy and Future Planning
- Sibling Support Groups
- Facility Improvements & Accessible Playgrounds
- Expansion of Therapeutic and Inclusion Services





# Facility and Equipment Improvements

---



## FACILITY

- Courtyard Renovation - McBeth
- Playground Renovations - McBeth, Alamogordo, and Dottie Jordan
- Front Lobby ADA Accessible - Alamogordo

## EQUIPMENT

- Adaptive Technologies
    - LU
    - Sound Off Equipment
  - Specialty Fitness Equipment
    - T-Wall Reflexology
    - Drums Alive
  - Loose Parts Nature Play
  - Zen Zone for each Recreation Center
  - Sensory Event Tent
- 





# Thank You

---

Sara Carlson, CTRS  
Therapeutic Recreation Services Program Manager

Rachel Hyde, CTRS  
McBeth Recreation Center Acting Supervisor

Evan Kessler, CTRS  
Alamo Recreation Center Supervisor