Central Health
2022 Demographic Report

Public Health Commission

Jan. 3, 2024

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WHAT IS CENTRAL HEALTH?

CENTRAL HEALTH

- Central Health (CH) is the local hospital district created by the Texas legislature and the voters of Travis County in 2004
- Governed by a nine-member volunteer Board of Managers with four-year terms
  - Four board appointments by Austin City Council; four by Travis County Commissioners Court; one joint appointment
- Central Health must coordinate the delivery of basic health care services and provide health care assistance
  - *"Beginning on date taxes are collected for the district, the district assumes full responsibility for furnishing medical and hospital care for indigent and needy persons residing in the district."*
  - *"County or municipality located in the district may not levy taxes for medical care or hospital purposes."*
  - Central Health must retain sufficient control over funds expended to comply with state Constitutional limitations
    - Documented by showing that the expenditure supports CH's mission and
    - Meets Central Health's obligations and responsibilities to the population it serves

Demographic Report - Key Findings

- **High cost of living/affordability is a regional issue that impacts Travis and surrounding counties**
- **Austin is key access point for health care, affordable housing, public transportation and social services**
- **Families in poverty becoming more concentrated near I-35 corridor***
- **Access to care continues to be major barrier – regardless of proximity to care***
- **Disease prevalence rates for the unhoused population 1.5 to 2 times higher than housed**
- **40% of patients had at least one chronic condition – average is 2.5 per patient**
- **Health equity issues present most significantly in East Central Austin and among Black patients but demographic differences had more of an impact than geographic differences among the MAP and MAP Basic population**

**Denotes findings initially reported in the 2020 Demographic Report*

Poverty in Travis County

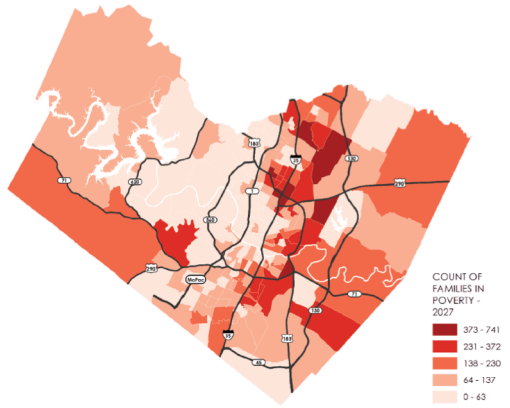
- As of 2022 - 23,655 families in poverty reside in Travis County (<100%FPL)
  - Increase of 1,799 families (7.6%) by 2027
- Almost three-quarters of families in poverty in Travis County live along the I-35 corridor.

2022	2027
23,655 (7.8%) OF FAMILIES IN TRAVIS COUNTY IN POVERTY (< 100% FPL)	**25,454 (7.8%)** OF FAMILIES IN TRAVIS COUNTY IN POVERTY (< 100% FPL)

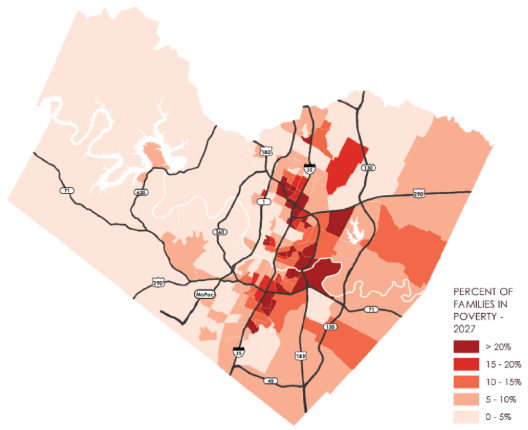
TRAVIS COUNTY FAMILIES IN POVERTY - 2022

REGION	FAMILIES <100% FPL	TOTAL FAMILIES	PERCENT OF FAMILIES <100% FPL
EASTERN TRAVIS COUNTY	4,335	53,168	8.2%
I-35 CORRIDOR	17,081	171,656	10.0%
WESTERN TRAVIS COUNTY	2,239	78,246	2.9%

COUNT OF TRAVIS COUNTY FAMILIES IN POVERTY - 2027

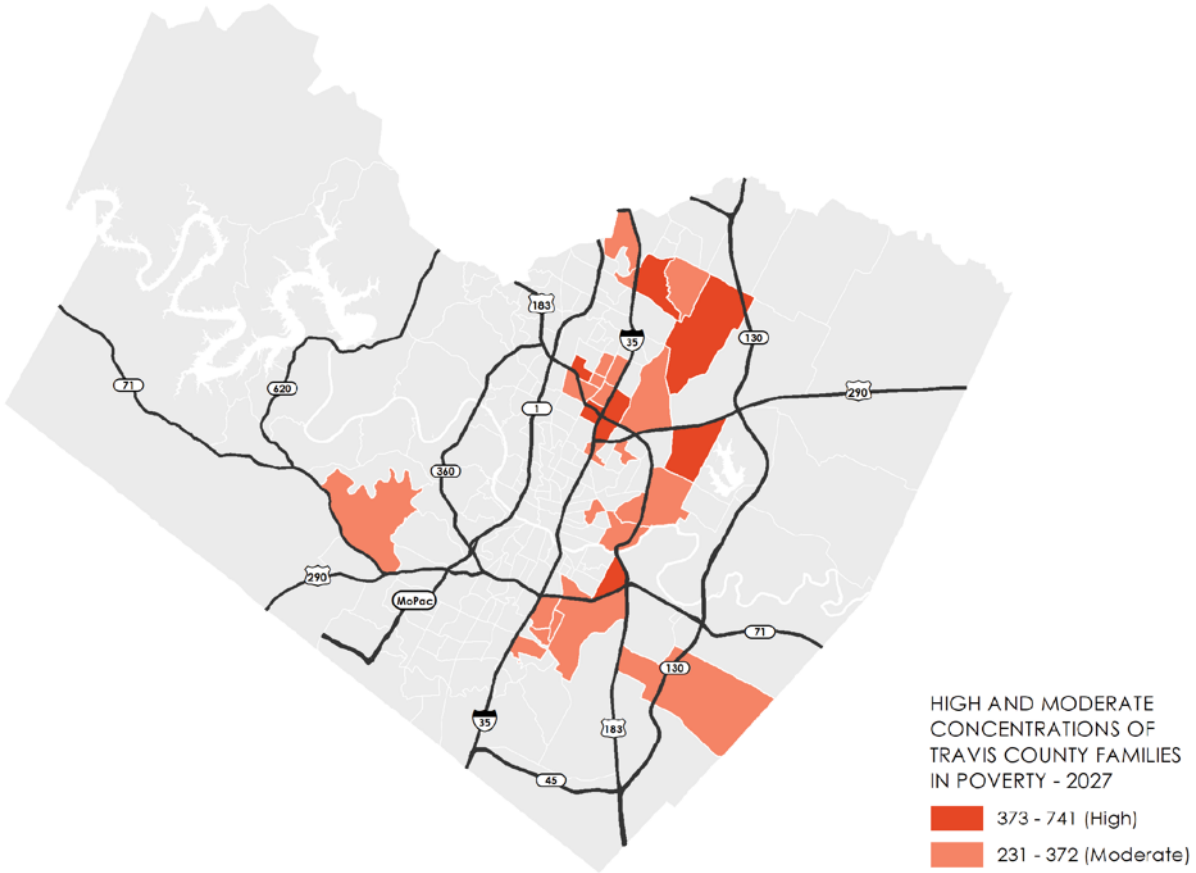


PERCENT OF TRAVIS COUNTY FAMILIES IN POVERTY - 2027

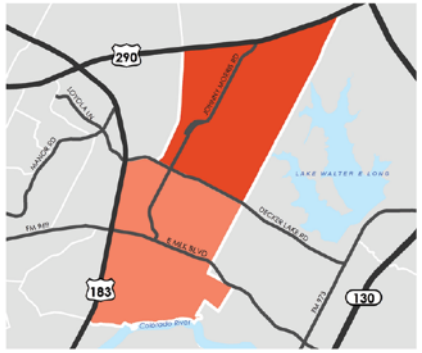


Focus Areas

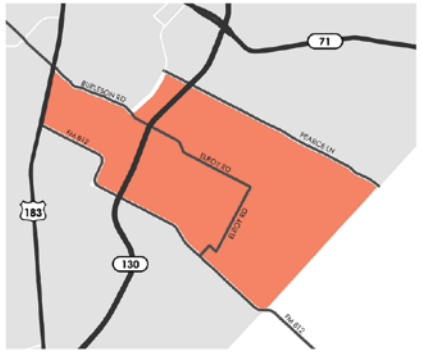
- The nine focus areas outlined in the report serve to provide insights into some of the areas of the county where we see high and moderate counts of families in poverty.



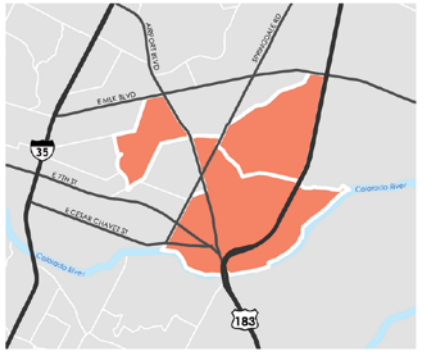
COLONY PARK
POPULATION: 20,174



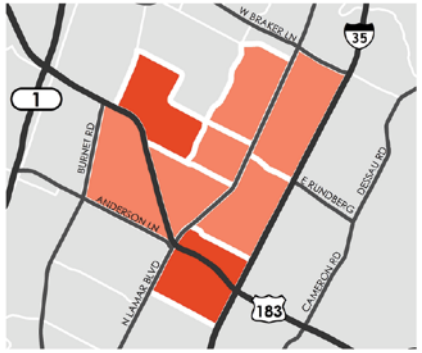
DEL VALLE
POPULATION: 10,131



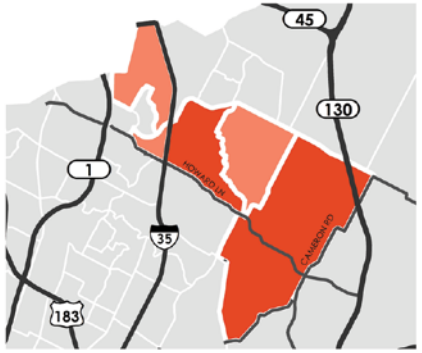
EAST CENTRAL AUSTIN
POPULATION: 14,418



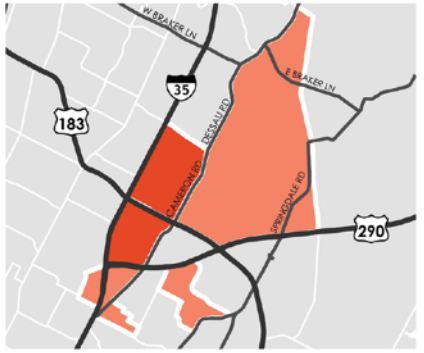
NORTH CENTRAL AUSTIN
POPULATION: 52,040



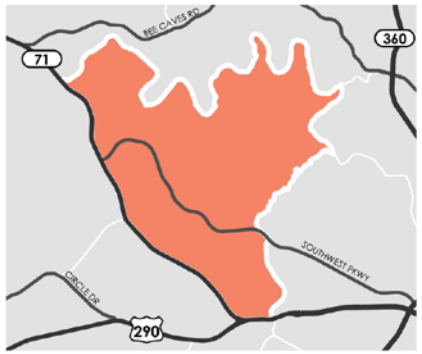
NORTH TRAVIS COUNTY
POPULATION: 65,354



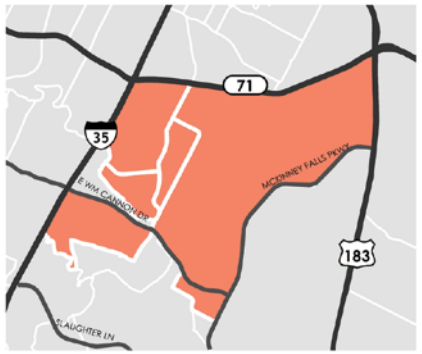
NORTHEAST AUSTIN
POPULATION: 37,616



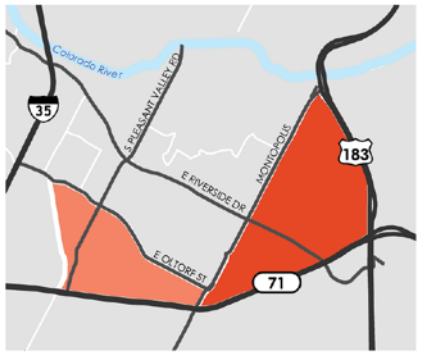
OAK HILL
POPULATION: 11,884



SOUTH AUSTIN
POPULATION: 39,490



SOUTHEAST AUSTIN
POPULATION: 16,342

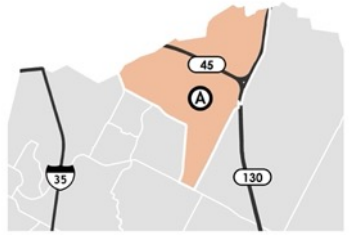


Shifts in Poverty Projections – Key Findings

Leander/Lago Vista

2020

Pflugerville



2020

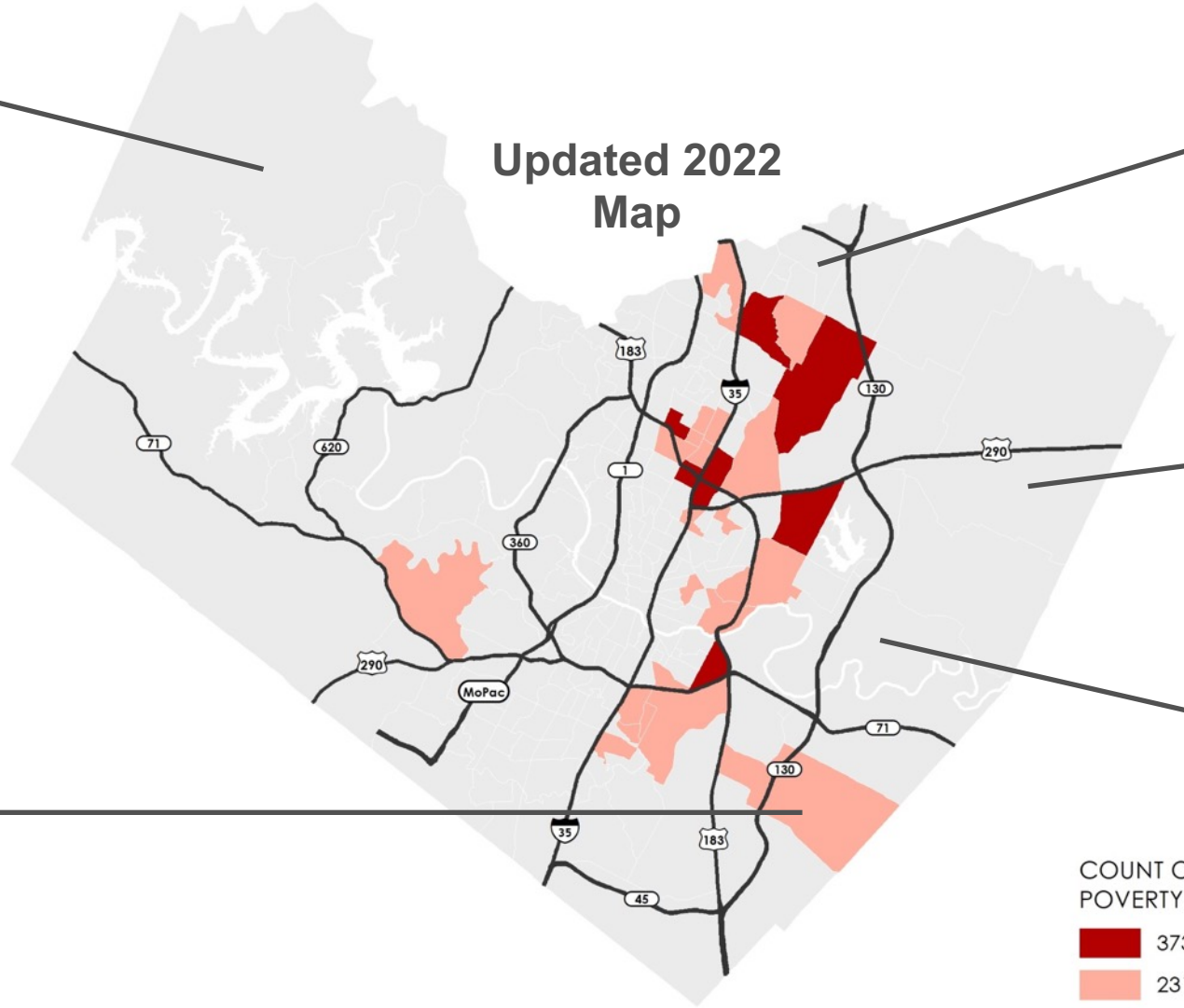
Manor/Elgin

2020

Hornsby Bend

2020

Updated 2022 Map

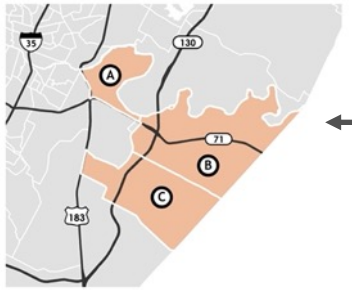


COUNT OF FAMILIES IN POVERTY

373 - 741 (High)

231 - 372 (Moderate)

Del Valle



2020

FOCUS AREAS

NORTH CENTRAL AUSTIN

TOTAL POPULATION: 52,040
LAND AREA: 5.9 SQMI

NEIGHBORHOODS

- (A) : North Austin/Rundberg (Census Tract 18.20)
- (B) : Wooten (Census Tract 18.18)
- (C) : North Austin/North Lamar (Census Tract 18.05)
- (D) : North Austin/Rundberg (Census Tract 18.19)
- (E) : North Austin/Quail Creek (Census Tract 18.22)
- (F) : North Lamar (Census Tract 18.23)
- (G) : Georgian Acres (Census Tract 18.06)
- (H) : North Loop/Highland (Census Tract 18.04)

HEALTH CARE ACCESS [1]

Primary Care: 5

- (1) : Carousel Pediatrics North Lamar
- (2) : CUC North Central
- (3) : CUC Rundberg
- (4) : LSCC at Collinfield
- (5) : Planned Parenthood North Austin

Urgent/Convenient Care: 0
Hospital: 0

There are one additional primary care clinic ≤1 mile outside of the focus area.

AFFORDABLE HOUSING

Housing Developments: 25
Housing Units: 1,538

PUBLIC TRANSPORTATION

There are **16 CapMetro bus routes** and **157 bus stops** in North Central Austin. Additionally, CapMetro offers a Park & Ride option at the North Lamar Transit Center located within the focus area.

NORTH CENTRAL AUSTIN

- North Central Austin has the largest number of enrollees and patients of any focus area
- North Central Austin has the highest total and second highest rate of families in poverty of any focus area
- Households in North Central Austin report the lowest median income of any focus area
- More than 5,200 Central Health enrollees living in North Central Austin did not utilize medical care in FY2021 – the highest total of any focus area
- North Central Austin contains more than 1,500 affordable housing units, the most of any focus area

KEY

- High Concentrations of Poverty
- Moderate Concentrations of Poverty
- Affordable Housing Developments
- Bus Routes
- Hospital
- Primary Care Clinic
- Convenient/ Urgent Care Clinic

INCOME

$50,087
Median Household Income

HOUSING

$1,024 Median Rent
$307,780 Median Home Value

EDUCATION [2]

28.1% Less than HS Diploma
27.7% HS Graduate
16.3% Bachelor's Degree
8.0% Post-Grad Degree

EMPLOYMENT [3]

19.7% Construction
13.0% Accommodation/ Food Services
9.3% Health Care/ Social Assistance

FAMILY

32.8% of Households Have Married or Cohabiting Couples
30.9% of Households Have Children <18 Years Old

TRANSPORTATION

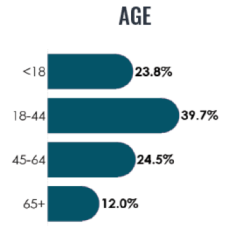
11.5% of Housing Units Do Not Have a Vehicle
28 Minute Average Commute to Work

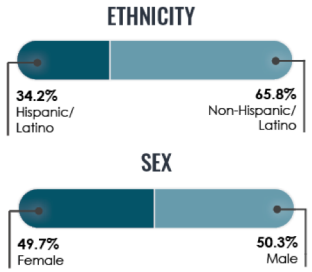
[1] FUNDED BY CENTRAL HEALTH [2] EDUCATIONAL ATTAINMENT IS BASED ON THE POPULATION AGE 25+. [3] EMPLOYMENT INDUSTRY DATA IS REPRESENTATIVE OF THE CIVILIAN POPULATION AGE 16+.

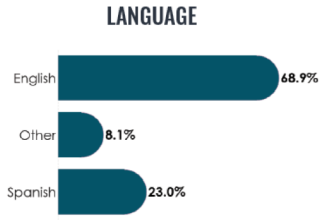
TRAVIS COUNTY

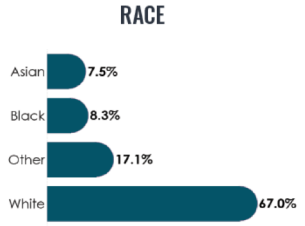
1,330,492
TOTAL POPULATION
▲ 3.7% SINCE 2020

23,655 (7.8%)
Ffamilies in poverty [1]
▲ 2.0% SINCE 2020





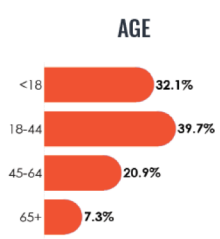


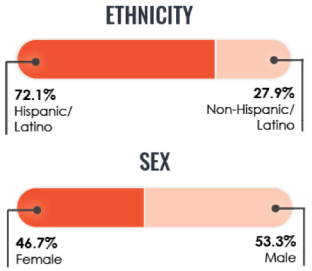


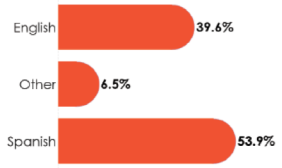
NORTH CENTRAL AUSTIN

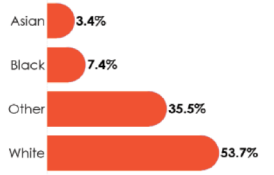
52,040
TOTAL POPULATION
▲ 3.4% SINCE 2020

2,608 (23.5%)
FAMILIES IN POVERTY [1]
▼ 2.9% SINCE 2020



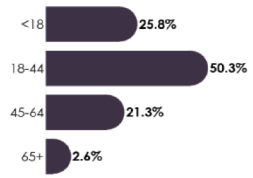


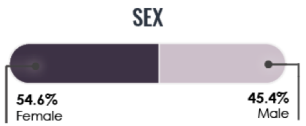


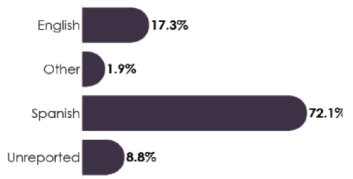


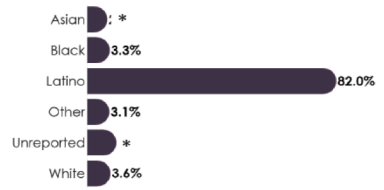
ENROLLEES IN FOCUS AREA

11,833
[1 IN 5 RESIDENTS]
ENROLLED IN CENTRAL HEALTH PROGRAMS IN FY21
▼ 8.9% SINCE FY19





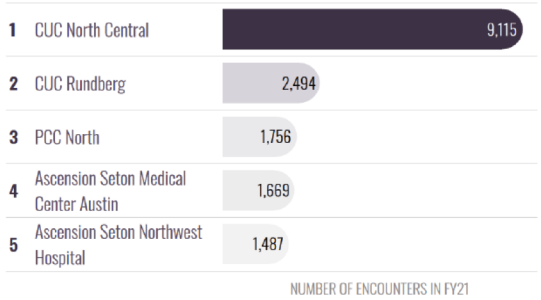




56.0% of enrollees utilized services in FY21

- **80.0%** of utilizers visited a primary care physician during the fiscal year
- Enrollees who utilized services had an average of **5 encounters** during the fiscal year
- **15.7%** utilized specialty care services at a Federally Qualified Healthcare Center (FQHC)
- **1 in 23** utilizers had all of their encounters in Emergency Departments (ED)

TOP 5 PROVIDER LOCATIONS VISITED BY ENROLLED RESIDENTS



CHRONIC CONDITIONS

None of the chronic condition prevalence rates for enrollees within North Central Austin were more than 10% above Central Health's overall county average.

TOP 3 PREVALENT CHRONIC CONDITIONS (AGE ADJUSTED)

1. **CARDIOVASCULAR DISEASE** (263/1,000 PERSONS)
2. **HYPERTENSION** (232/1,000)
3. **DIABETES** (142/1,000)

The Equity Index is a ratio of the observed prevalence rate to the expected prevalence rate (the county rate). A value less than 1.0 indicates lower risk compared to the county rate. A value more than 1.0 indicates higher risk compared to the county rate. This Equity Index, as applied to these age-adjusted prevalence rates, gives us an indication of which subgroups may be experiencing a health inequity.

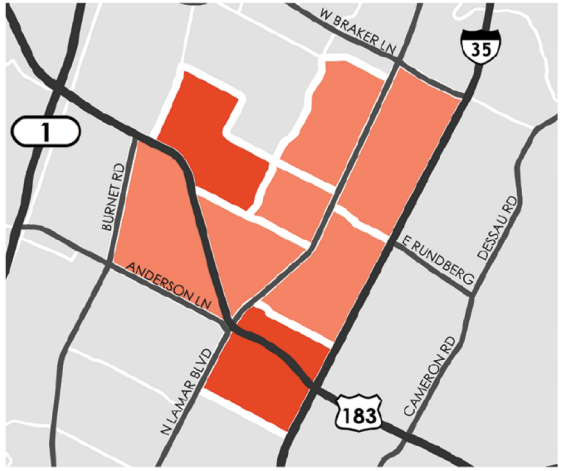
Asthma	Behvaioral Health	Cardiovascular Disease	COPD	Diabetes	Heart Failure	Hypertension	Malignant Neoplasm	Renal Failure
1.0	0.8	1.0	0.9	1.1	1.1	1.0	0.9	0.9

[1] FAMILIES WHOSE INCOME WAS ≤ 100% FPL IN 2022. [2] ETHNICITY AND RACE ARE SEPARATE FOR TOTAL POPULATION COUNTS AND COMBINED FOR CENTRAL HEALTH ENROLLMENT COUNTS. * DATA SUPPRESSED TO MAINTAIN PRIVACY STANDARDS.

Focus Areas – Key Findings

NORTH CENTRAL AUSTIN

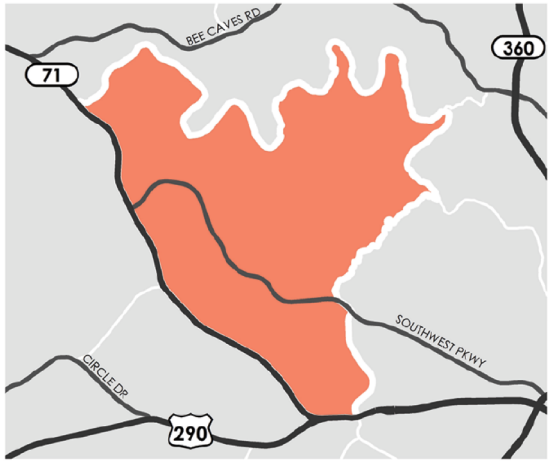
POPULATION: 52,040



- Highest total families in poverty, enrollees and patients
- Lowest median income
- More than 5,200 unserved enrollees

OAK HILL

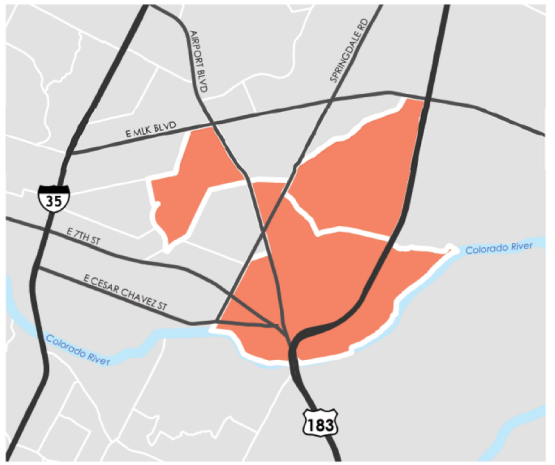
POPULATION: 11,884



- Only new focus area
- Similar poverty to Del Valle but half the enrollees
- +21% increase in poverty

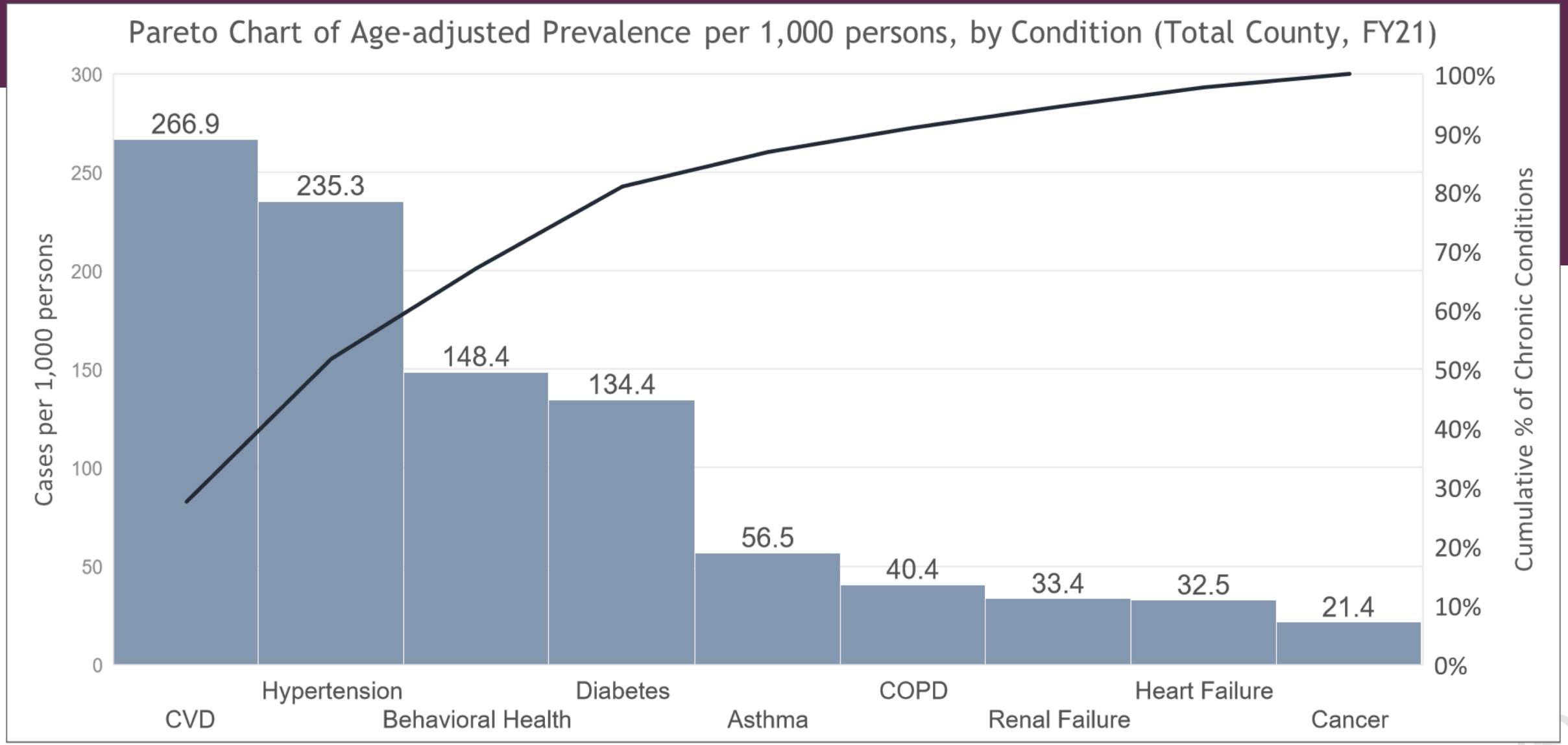
EAST CENTRAL AUSTIN

POPULATION: 14,418



- Highest % families in poverty
- Lower than expected enrollment
- 1 in 20 utilizers received all care in ED setting

Demographics Key Findings

- The number of families in poverty in focus areas growing four times county rate
- Poverty and enrollment do not always align
- Spanish is spoken by 46% of focus area residents – double the county
- Majority Latino enrollees (60%) in focus areas; % Black enrollees highest in East Central Austin (19%)
- Median income in focus areas $34,000 less than county overall
- Almost half of adults in focus areas have a high school degree or less
- Focus area households are less likely to have access to a vehicle

Central Health Population: Fiscal Year 2021