





MEMORANDUM

TO: Mayor and Council Members

FROM: Stephen White, Austin-Travis County Emergency Medical Services Acting Assistant Chief 

THROUGH: Chief Robert Luckritz, Austin-Travis County Emergency Medical Services 

DATE: January 25, 2024

SUBJECT: Staff Response: Resolution No. 20230518-045 on Mental Health First Aid

This memorandum provides a staff response to [Resolution 20230518-045](#) which directed the City Manager to expand the number of Mental Health First Aid certified individuals in the community, and maximize the number of Mental Health First Aid certified employees within the city. As part of ongoing efforts to prioritize mental health awareness and support within the community, ATCEMS has undertaken the responsibility of training 11 Austin-Travis County EMS personnel to become certified trainers in Mental Health First Aid. ATCEMS anticipates equipping 100 community members with the necessary skills and knowledge to identify and respond to mental health crises by June, 2024.

Integral Care has been selected as a training provider that will certify a team of trainers in Mental Health First Aid. The participants will gain the skills to recognize the signs and symptoms of mental health issues, offer initial assistance, and direct individuals to appropriate professional help when needed. This proactively produces trainers who can deliver Mental Health First Aid Training to individuals and organizations in Austin including schools, workplaces, community groups, and other stakeholders. The trainers will play a vital role in building a network of individuals who can respond effectively to mental health challenges and contribute to the overall well-being of our community. Training certified trainers will be completed in calendar year 2023.

In the coming months, ATCEMS will work closely with Integral Care, Community Access Network, Austin Public Health, and the newly certified trainers to develop a comprehensive plan for the implementation areas, coordinating training sessions, and establishing evaluation mechanisms to measure the impact and success of the initiative.

If you have any questions or require additional information, please do not hesitate to contact me.

CC: Bruce Mills, Interim Assistant City Manager
Stephanie Hayden-Howard, Assistant City Manager
Adrienne Sturup, Austin Public Health Director