

Public Safety Wellness Center

mission: To empower public safety workers to achieve lifelong wellness.



Combined Public Safety Staff:

15 full time positions (APD, EMS and AFD)

- Four administrative members
- Five medical team members:
 - Two Physicians – one position currently vacant
 - Three Registered Nurses
- Two staff Psychologists
- Four Exercise Physiologists

Public Safety Wellness Clinic Services



Medical Exams

- Return to work (RTW)
- Promotional and Annual physical exams
- Hiring exams
- Cardiovascular assessments
- Case management – Chronic health conditions

Behavioral Health Services

Fitness Consultations, Individual and Group Training and Academy Physical Training

Vaccinations

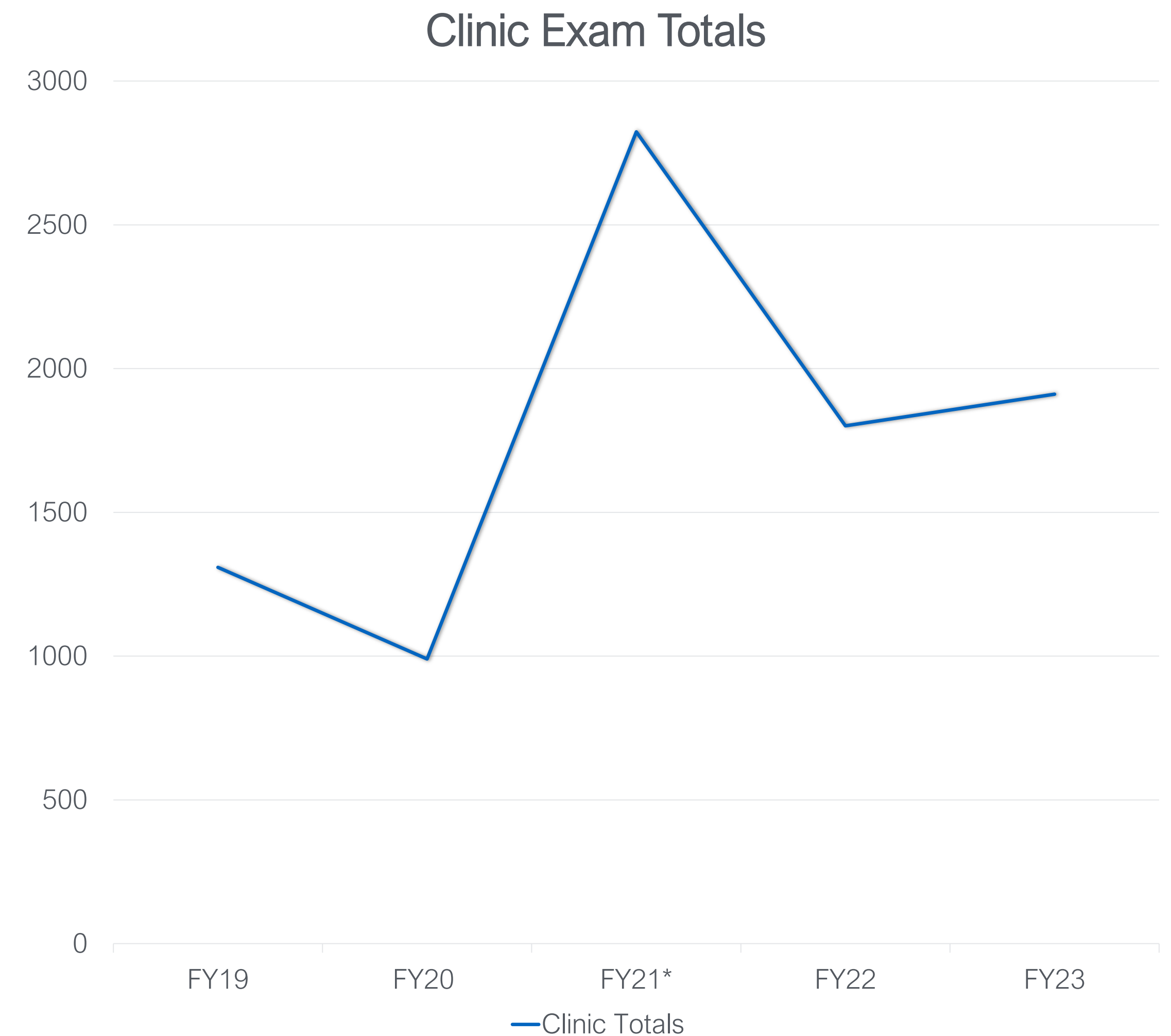
- Hepatitis A & B series
- Measles, Mumps and Rubella (MMR)
- Tetanus, Diphtheria and Pertussis (TDAP)
- Flu (seasonal)

Clinic Output

Medical exams include:

- Vitals
- Lab draw
- Hearing test
- Vision test
- EKG for patients 40 and over, every 3 years
- ASCVD score – cardiovascular risk assessment score

*COVID vaccines and services





Behavioral Health Services

- Annual Behavioral Health Check-Ins during exams
- Education and Trainings (Academies, Mental health topics to leadership, Motivational Interviewing)
- Individual, couples and family counseling sessions (including dependent family members)
- Post incident responses and on scene response when requested
- Consultations for personnel issues or concerns
- Weekly meetings with contracted psychiatrist and APD psychologists
- Pre-employment psychological evaluations (EMS) and coordination for AFD