

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

Holistic Wellness Programming

HWP February:

**Taller Abierto - Painting/Drawing Workshop: 1st Thursday of each month, February 1 @ 10-11:30pm
(Attendance: 10)**

George Morales Dove Springs Recreation Center

Art classes for all levels. Includes exploration of different techniques. All materials provided! Pre-registration required.

Yoga for All Levels: Saturdays @ 10:30am (Attendance: 35)

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Family Yoga: 1st Saturday of each month @ 12pm (Attendance: 6)

George Morales Dove Springs Recreation Center

A space for kids and their adult to practice yoga together.

Chair Yoga: 3rd Wednesday of each month, February 21 @ 11am (Attendance: 2)

George Morales Dove Springs Recreation Center

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Chair Yoga: 3rd Friday of each month, February 16 @ 10:30am (Attendance: 5)

Yarborough Library

Gentle Flow Yoga (8+): 3rd Saturday of every month, February 17 @ 10:30am (Attendance: 5)

Windsor Park Library

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Voice/Guitar/Songwriting Lessons - Beginner/Intermediate (15+) Mondays @ 4-5pm (Attendance: 24)

Windsor Park Library

Join award winning song-writer Javier Jara for voice, guitar and songwriting lessons. Skills addressed: left- and right-hand technique, chords, arpeggios, strumming patterns, vocal technique, and songwriting approaches.

Guitar Lessons (15+): Tuesdays

Beginner: 2-2:30pm (Attendance: 21)

Intermediate: 2:45-3:15pm (Attendance: 17)

Tuesdays @ Twin Oaks Library

Join accomplished musician Mauricio Callejas for guitar lessons for beginners (finger placement, strumming, sight-reading) and intermediate (chord progressions, ear training, reading sheet music) students. Please bring your own guitar.

Drumming Lessons: 2nd Sunday of each month, February 11 @ 1pm (Attendance: 14)

George Morales Dove Springs Recreation Center

Learn to play drums influenced by West African, Afro-Latin and contemporary styles. Class starts with a movement warm up, then use drums, bells, and shakers to learn basic rhythms and play as a group. Drums provided - feel free to bring your own drum or percussion instrument.

Budgeting Workshop: Wednesday, February 21 @ 6-7:30pm (Attendance: 9)

Little Walnut Creek Library

What is your money personality and how does it affect your daily finances? Learn how to track your expenses and create a spending plan to start an emergency fund or prepare for large purchases. Facilitated by Business Community Lenders of Texas.



Community Conversation on Identity through Writing: Thursday February 22 @ 5-8:30pm (Attendance: 12)

Southeast Library

Cartonera is a social, political and artistic publishing movement that began in Argentina in 2003 and has since spread to countries throughout Latin America. Attendees socialized with guest artists and fellow community members. The artists guided an interactive workshop where attendees of all ages made their own *cartonera*, followed by a community conversation.

Healing Garden Workday: Sunday, February 25 @ 10-12pm (Attendance: 4)

Sunset Valley Community Garden

At the ESB-MACC Healing Garden we grow herbs, fruits and vegetables that can be used for everyday meals and health. Volunteers work hands-on maintaining the garden then move in-doors for a garden activity. Please dress comfortably and appropriately for the weather. Pre-registration required.

Chair Yoga: 4th Monday of each month, February 26 @ 11am (Attendance: 1)

Willie Mae Kirk Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Cine de Oro: Tuesday, February 27 @ 9-12pm (Attendance: 25)

Conley-Guerrero Senior Activity Center

Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served.

HWP Upcoming:

Taller Abierto - Painting/Drawing Workshop: 1st Thursday of each month, March 7 @ 10-11:30pm

George Morales Dove Springs Recreation Center

Art classes for all levels. Includes exploration of different techniques. All materials provided! Pre-registration required.

Yoga for All Levels: Saturdays @ 10:30am

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Family Yoga: 1st Saturday of each month @ 12pm

George Morales Dove Springs Recreation Center

A space for kids and their adult to practice yoga together.

Chair Yoga: 3rd Wednesday of each month, March 20 @ 11am, George Morales Dove Springs Recreation Center

Chair Yoga: 3rd Friday of each month, March 22 @ 10:30am, Yarborough Library

Youth and Family Education

Lending Library

The Education team is continuing their partnership with the Lending Library by offering enrichment activities to the recreation centers. In the last month, the team provided Capoeira to 29 participants at the Dittmar Recreation Center. They are currently wrapping up a session at Hancock Recreation Center. Another team lead “MACC-tivity Time” at the Pickfair Recreation Center with 11 participants. They have also been working with the Gus Garcia Recreation Center After school program. Finally, we introduced MACC-Tivity time to the Varsity Generation at Alamo Recreation Center. Our team worked with the seniors on mosaics and weaving. We are excited to expand the Lending Library Program to the Varsity Generation (seniors 50+)!

Sábados en Familia

In honor of Black History Month, the Education team read One Whole Me by Natalia Jiménez Osorio and Dia Mixon. This book celebrates the wonderful parts of being bi-cultural and how they all form one whole person. Participants created weaving puzzles. They had 183 people in attendance. The next Sábados en Familia will be on March 9th, at the Central Public Library.



Communities in Schools

This month Community in Schools participants were up and active. They danced to Huapangos and Bachatas, were introduced to Capoeira, and even did an Aztec-themed obstacle course. Participants also worked on some fun projects such as Mandalas and Alebrijes.

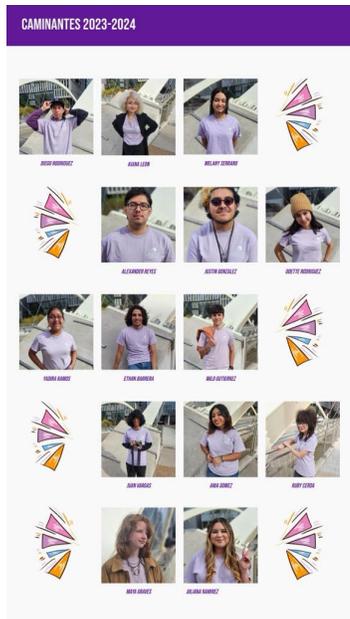


Spring Break & Summer Camps

Registration for Siembra Spring Break Camp and Cosecha Summer Camp took place in February. We are happy to announce that our camps are all full! Most weeks have a long waitlist, which tells us that the community is very interested in our camps! Our team is preparing for Siembra Spring Break camp which will take place March 11th – 15th.

www.AustinTexas.gov/SummerCamps

Caminos Teen Leadership Program



Blog & Social Media

The Caminos teen leaders have been updating their [blog](#) and [Instagram](#) where you can follow their updates, learn about their projects, and see photos and introductions for the students in the current 2024 Caminos class.

Graphic Design Projects

The *Caminantes* this month have been engaging in a creative design process to come up with original designs for their new outreach materials. They created mood boards and word clouds to come to an agreement on the design concepts, then incorporated those ideas into new designs for their flyers, contact cards, and stickers. All of these materials will be used this Spring at the various outreach events to promote Caminos and Breaking Barriers.

Breaking Barriers, Saturday March 30

Montopolis Recreation Center, 10am-2pm.

[RSVP here!](#)

The Breaking Barriers/ Rompiendo Barreras Teen Wellness Conference is a free event dedicated to our young people where our *Caminantes*, young community artists, and cultural activists will facilitate an exploration of mental health. What does that mean to our youth? How can we take care of our mental health and heal from past trauma?



Academia Cuauhtli Bilingual Education Program



Academia Cuauhtli has had a wonderful spring semester with our guest instructors, Kalpulli Teokalli Teoyolotl led by Maestra Rosa Tupina. Students have been learning about indigenous traditions and values including the importance of water, the Mother Earth, and community.

On February 24th, the students visited the Aquarena Springs in San Marcos and learned about the history of the sacred springs, indigenous stewardship, and being a water protector. They enjoyed glass boat tours and a chance to learn more about the ecological environment in central Texas.

This Saturday March 9th we will be concluding our year-round program at Sanchez Elementary from 9am-12pm. Everyone is welcome, there will be a danza performance with the students, food, drinks and concluding awarding ceremony. We are super proud of our students and appreciative of the families that have consistently supported our community.

Outreach and Marketing

The outreach team is attending several upcoming events in March:

Go ATX Youth Career Fair, March 6

This morning, we attended this fair at Doris Miller Auditorium next to Rosewood Park/Delores Duffie Rec Center to talk to teens about Summer internship and employment opportunities with the Parks and Recreation Department, Caminos, and Breaking Barriers.



MAS Cultura Power, March 7

This local organization has invited the MACC to have an informational table at their event on March 7: Cultura Power: Tech, Talent, Tradition - Uniting to Elevate Latino Voices. It includes panel discussions and "Uprooted", an art exhibition that embodies the resilience and rich narrative of the Latino spirit. This unofficial SX event is free and

open to the public- first come, first served! RSVP now! <https://www.eventbrite.com/o/mas-cultura-53877288383>



Art in the Parks Bike Ride, March 9

The MACC will participate in this Art in Parks tour, which has both a group bike ride and a walking tour. Participants get to learn about the murals in downtown Austin through this fun bike ride by Downtown Austin Alliance. The ride starts and ends in Republic Square Park.

Signature Events & Collaborations



La Mujer 2024

La Mujer is the ESB's Mexican American Cultural Center's annual celebration of womxn and will be held on **Sunday April 21st, 1pm – 6pm**, in East Austin at the Cathedral, [2403 E 16th St, Austin, TX 78702](https://www.cathedralaustin.com). This year's event will tie into other MACC programs and focus on Mental health and wellness. Stay tuned for a line-up of performers, workshops, vendor markets and more! This event is all ages and free to the public.

About the Venue:

"Built by women, made for all." **The Cathedral** serves as an event venue, art gallery, and co-working space. They welcome all of Austin's diverse community and their current members work in a range of industries including but not limited to tech, marketing, PR, consumer goods, event planning, mental health and art + design. *"Through this gorgeous*

space, we will continue to give back to our community by supporting local arts and organizations that focus on equality and human rights.”-[An Inspiring Space for Creatives – thecathedral \(thecathedralatx.com\)](https://thecathedralatx.com)



Collaboration: Alexa Torres Skillicorn Album Release Concert

Sat. June 15th, 7pm at the Dougherty Arts Center, [1110 Barton Springs Rd, Austin, TX 78704](https://www.doughertyartscenter.com)

Alexa Torres Skillicorn is a Latina jazz violinist, band leader, and ethnographic researcher based in Austin, Texas. Musically, she seeks to cultivate improvisational and compositional styles which are both historically and personally rooted, embodying a dialogue between tradition and innovation in jazz. She recently recorded her forthcoming debut album entitled *In Situ*.

Alexa was awarded the Live Music Grant, through the City of Austin and working with the ESB MACC to offer this concert free to the community.

Updated Signature events dates! **Updates in red*

- **Sunday, Apr. 21, 2024 - ESB MACC: La Mujer. Location: The Cathedral, 2403 E 16th St, Austin, TX 78702**
- **Saturday, Jun. 29, 2024 - ESB MACC: Awards of Excellence. Location: Long Center Kodosky Lounge.**
- **Saturday, Sep. 14, 2024 - ESB MACC: Viva Mexico. Location: Pan Am Recreation Center.**
- **Saturday, Nov. 2nd, 2024 - ESB MACC: Dia De Los Muertos & MexAmeriCon Comic Book Convention. Location: Pan Am Recreation Center.**

Continued ways to support upcoming ESB MACC Signature Events:

- Contact Estrella.DeLeon@Austintexas.gov
- Seeking VOLUNTEERS!!
- Emcee and announcer
- Participate in outreach and media announcements
- Support an activity/workshop at the event
- Procure “in-kind” donations
 - Food
 - Decorations
 - *Other*
- Set up/Break down

2023 Reporting & Evaluation

We have been getting survey responses, please fill it out online or the paper copy!

The surveys are also linked in English and Spanish at www.MACCSURVEY.net and below.

[Program- Planning Survey - English](#) / [Program Planning Survey - Spanish](#)

We've already received 30 responses and counting! The survey will stay open so we can continue to accept responses.

Examples of feedback we've already received on the survey as of 2/29/24:

Please tell us what types of ESB MACC events and programs you would be interested in attending:

Dance classes, yoga classes, language classes, cooking classes

Karaoke Nights! Sport Watch Parties! Rosary Prayer Groups. Bible Studies. Video game meet ups.

Music classes for toddlers and kids, family activities, folclórico, arts and crafts night, culture night- find things within our Mexican culture that can be taught about that has an activity to go with it, basic skills nights for young adults, budgeting, cooking, etc.

All that celebrate Mexican culture

Me gustaría algún programa de clases de música para niños, en los eventos me gustaría ver más opciones de comida tradicional mexicana

Arts and crafts, exercise classes, self defense classes

Local artists presenting their work. Especially latin@ contemporary/modern dance—a genre that is sadly underrepresented.

Folkloric Dances, Art exhibits, Music!

We love tabling at cultural events you host in various parts of the City. I would love to see Viva Mexico and Dia de los Muertos again, but the more events, the better, especially if you could spread them throughout the year a bit more.

Love when there is a mix of music, food and kid friendly. Arts n crafts for kids

Family-friendly events with activities for very active children, book clubs for adults, traditional and healthy cooking classes, outdoor activities

Cooking, dancing, sports/athletic activities, music lessons (guitar/singing), pottery, boxing or some type of martial arts like jiu-jitsu, sign language classes

Tejano music artists and folklore dancers.

Historically based programs. I feel that Mexican Americans, lack and understanding of our history in the US, about the heroes, those that came before us that were instrumental in making the US prosper, Our civil rights

leaders that were a big part of positive changes that benefited minorities, prominent leaders in government. And the influence that Mexican Americans have brought to the United States.

Preserving, promoting and advancing Mexican American cultural, historical, and ancestral knowledge, skills, abilities and incorporating these aspects into our current and future lives of our elderly, children, and adults. Music, art, photography, and dance contests. Translation of Spanish written history books and other written materials. Weekend conferences focused on our Mexican ancestors histories, language, culture, skills, etc. identification and preservation of Mexican American historical dance halls. Developing sister cities with Mexican cities.

I think the ESB MACC should be a place that...

that i can build community and learn something by attending classes, workshops & events e.g. dance, language or cooking

all people in the area can feel welcomed and appreciated! It should be a place that welcomes all dreamers and creatives to come and use their talents and gifts to help others and help themselves!

Families and father and learn more about cultures and tradition.

You enjoy the Mexican culture

Te haga sentir como en casa (México)

Helps engage community members

Supports local latin@ artists by providing rehearsal and performance space, as well as help with marketing and grant writing.

On my opinion I would consider more parking

Welcomes everyone, encourages conversations, and embodies the pride of its community.

inspires our children to embrace our culture & diversity

Makes everyone feel welcome and included and educates them in the process, welcomes everyone!

The Tejano community feels welcome

Fosters community and learning and embraces cultures

Families enjoy the activities.

Gives each person of Mexican American descent, pride in knowing who they are, and how are culture has created a positive impact on the current US. Here, in Texas, lately all we hear is that Brown people are anything but good.

Builds community.

fosters community, justice, and celebrates cultural while uplifting the latine community

Helps Mexican Americans connect with their indigenous roots and ancestors.

Phase 2 Updates

Phase 2 Site Visit



The MACC Advisory Board along with a representative from Mayor Watson's office as well as Senator Gonzalo Barrientos attended a walk-through of the Phase 2 construction site on Wednesday, February 28, 2024. Architect Miguel Rivera and Bud Frank accompanied the group and addressed the board's questions. Items discussed were the locations of the north and south wings, the extent of the new Zocalo, and the area of the new shade structure. As the project progresses, there will be opportunities for future site visits.