



City of Austin

Recommendation for Action

File #: 24-4291, Agenda Item #: 37.

4/18/2024

Posting Language

Authorize negotiation and execution of an agreement with Helping the Aging, Needy, and Disabled, Inc. d/b/a Meals on Wheels Central Texas In-Home Care to provide personal attendant services to housebound clients in an amount not to exceed \$385,000 for the nine-month period beginning May 1, 2024, for a total agreement amount not to exceed \$385,000.

Lead Department

Austin Public Health.

Fiscal Note

Funding in the amount of \$385,000 is included in the Fiscal Year 2023-2024 Austin Public Health Department Operating Budget.

For More Information:

Adrienne Sturup, Director, 512-972-5167; Laura LaFuente, Assistant Director, 512-972-5077; Ashlee Kraus, Acting Social Services Agreement Administration Manager, 512-972-5044; Juanita Jackson, Business Process Consultant, 512-972-6163.

Additional Backup Information:

This action will authorize negotiation and execution of a new social services agreement with Helping the Aging, Needy, and Disabled, Inc. d/b/a Meals on Wheels Central Texas In-Home Care for personal attendant services to housebound clients. This funding was made available in the Fiscal Year 2022-2023 Austin Public Health Department Operating Budget for the provision of a personal attendant pilot program that would allow frequent callers to Austin Travis County Emergency Medical Services (EMS) and Austin Fire Department (Fire) the use of a personal attendant. The pilot program will measure if a personal attendant being assigned to housebound clients decreases the number of calls to EMS and Fire.

Personalized services may include any combination of these services:

Personal Care Services - *for those needing assistance with personal tasks*

- Personal hygiene - bathing, grooming, skin and hair care
- Meal preparation
- Medication reminders
- Assistance with walking and/or exercise
- Prescription pick-up
- Accompany to/from medical appointments

Homemaker Services - *for those needing assistance with chores, shopping and travel*

- Laundry
- Shopping
- Light housekeeping
- Prescription pick-up
- Accompany to/from medical appointments

Supportive Services - *for those undergoing treatment, recovering from surgery or under Hospice care*

- Respite care for caregivers

- Prescription pick-up
- Accompany to/from medical appointments
- Any service combination above