

Quality Care for Children Overcoming Homelessness

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SAINT LOUISE HOUSE

Build. Believe. Become.



We empower women and their children to overcome homelessness for generations to come.

Saint Louise House is a nonprofit organization dedicated to the success of women and their children moving from homelessness to healthy independent lives.

Our organizational values of Empowerment, Hope, Growth Mindset, Commitment, Humility and Effectiveness drive our program model of intense partnership.



The Hidden Homeless

84% of homeless families are led by women

53% of these mothers lack a high school diploma

92% have experienced abuse

Affordable housing alone is not enough.



Families need pathways to economic security.



A whole person approach to developing self-sufficiency helps mothers and children succeed.

Our Approach

Housing

Saint Louise House provides 46 families safe, stable housing in two complexes in South Austin.

Rents are subsidized so that families start out paying only \$50 a month for the first year. With this stable housing, families can confidently take steps toward their goals.

Partnership

Every mother finds a partner on her journey toward stability through weekly meetings with a staff social worker who supports her in identifying her own strengths and learning to leverage her strengths to achieve her goals.

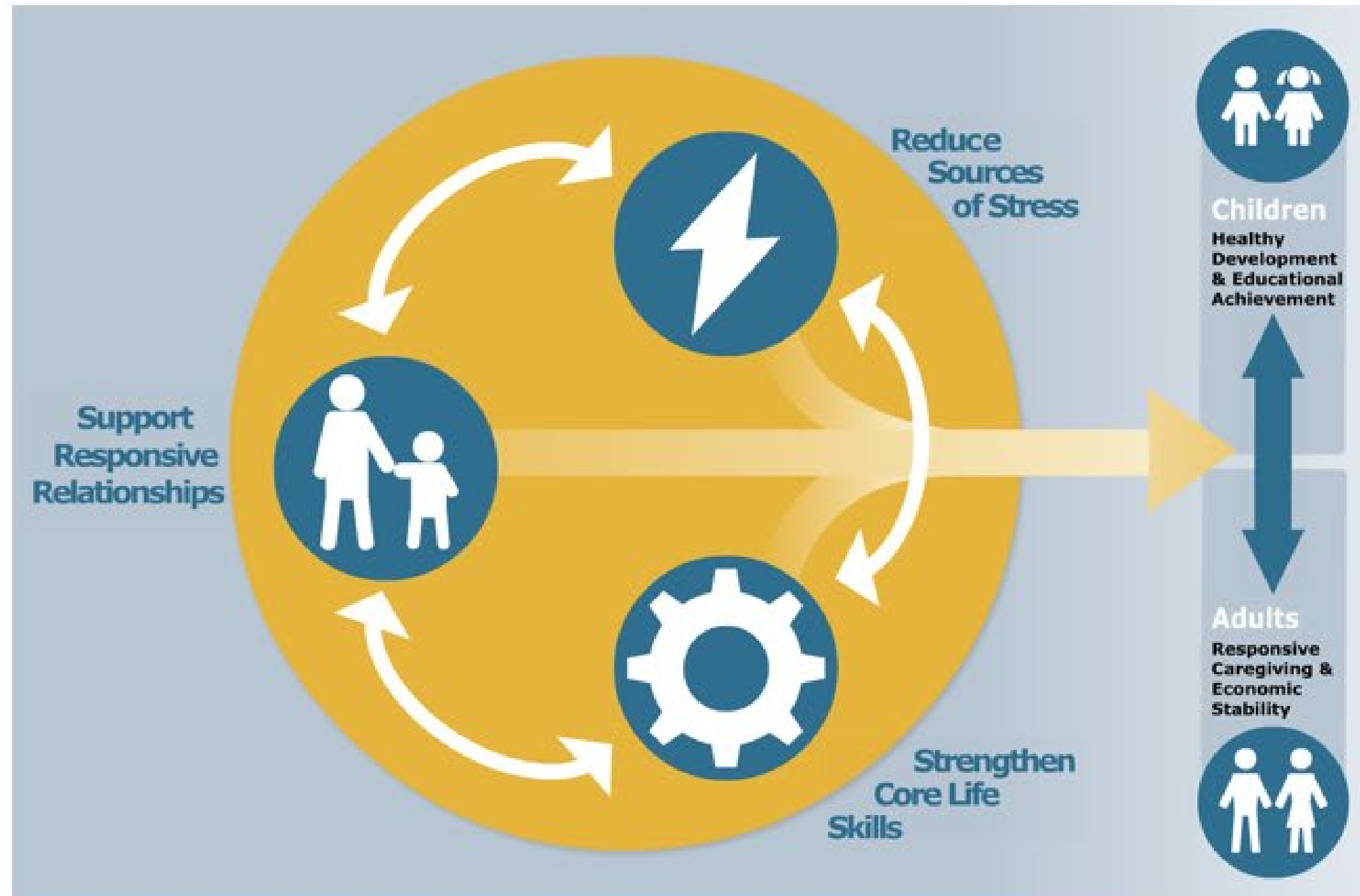
Empowerment Partners connect families to resources for education and employment and building skills such as parenting, financial literacy, and more.

Wraparound Services

Saint Louise House provides mothers and children highly individualized support for meeting basic needs, accessing community resources, and achieving their goals.

Services include life skills workshops, children's activities supporting social and emotional development, and direct support such as a food pantry, bus passes and flexible funds.

The Importance of the Two-Gen Approach



Our Impact

Housing

- **Consistent Environment:** Stable housing provides a reliable and safe space, essential for the emotional security of young children.
- **Lower Stress Levels:** Financially stable housing allows parents to focus more on their children's development rather than financial worries.
- **Continuity in Care:** Reduces the need for frequent moves, ensuring uninterrupted care and consistent developmental support.

Partnership

- **Enhanced Parenting:** Social workers help mothers improve their parenting skills, directly benefiting the early childhood development of their children.
- **Resource Connection:** Families gain access to resources for better childcare, early education, and health services, fostering early development.
- **Empowered Mothers:** Supportive partnerships boost parental confidence and stability, creating a nurturing environment for young children.

Wraparound Services

- **Basic Needs Support:** Access to essentials like food and transportation ensures young children's nutritional and daily needs are met.
- **Developmental Activities:** Programs focused on social and emotional growth cater specifically to the developmental stages of children under 5.
- **Personalized Assistance:** Individualized services help address and support unique developmental challenges, promoting early intervention and growth.



Example of two-gen approach: empower parents to succeed in the workforce and ensure children are healthy, happy, and prepared for academic and life success.

Families reside in fullyfurnished two-bedroom apartments in agency-owned complexes in South Austin, with heavily subsidized rent to ensure stability.

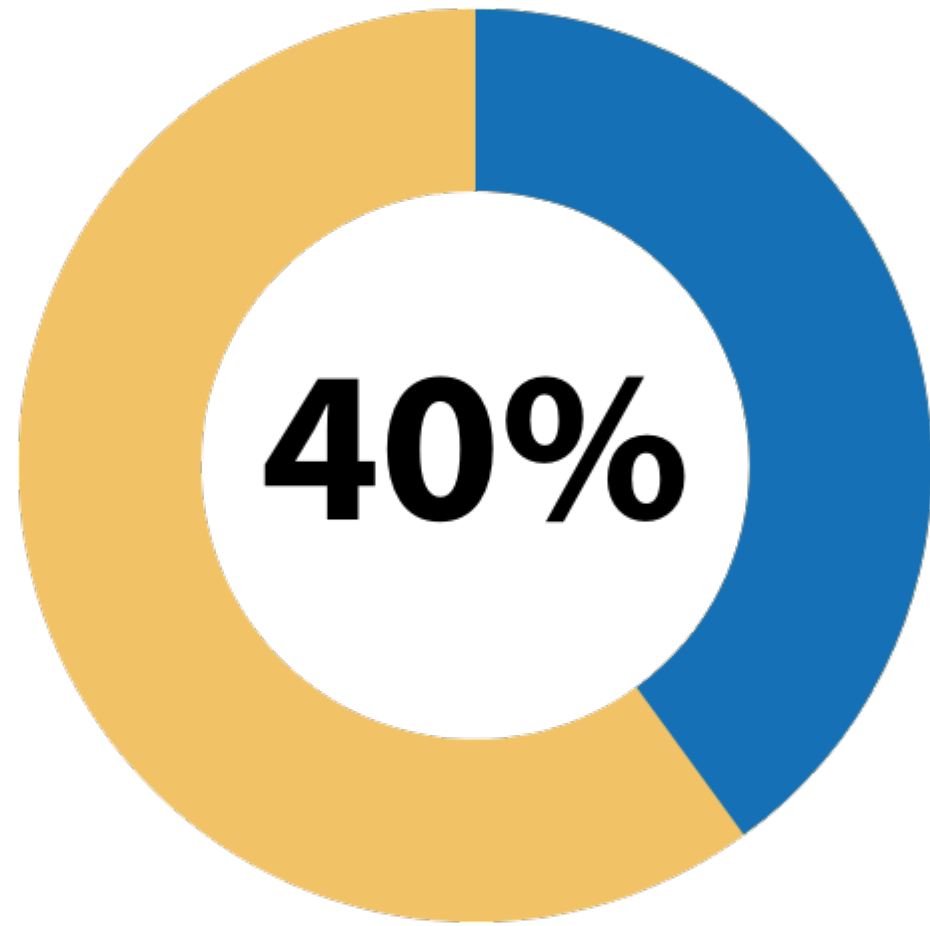
- Weekly meetings with Empowerment Partners, staff social workers, who employ a solution-focused approach to assist mothers in identifying strengths and setting achievable goals.
- Empowerment Partners connect families to community resources for healthcare, education, employment, and other needs.
- Additional services include life skills workshops, children's activities supporting social and emotional development, and flexible funds to support goal progress.
- Families receive support for accessing highquality childcare, parental education, and wraparound services, facilitated by a Family and Child Support Specialist (FCSS).
- Parenting support focuses on the Nurturing Parenting approach, offering group workshops, one-on-one coaching, and access to parenting resource centers.
- Wraparound services are tailored to meet the unique needs of each family, addressing issues such as domestic violence, special needs, counseling, food insecurity, workforce development, legal services, and extracurricular activities.
- Mentoring support for children is provided through partnerships with organizations like Friends of the Children, Breakthrough Austin, Boys and Girls Clubs, and internal mentoring programs.



Strategic Partnerships for Specialized Care

At Saint Louise House, we focus on providing unique support services that only we can offer while intentionally partnering with organizations that specialize in areas beyond our core capabilities. This approach ensures high-quality, comprehensive care and avoids duplication of efforts. By collaborating with experts, we enhance our services for children under 5, ensuring they receive the best possible start in life. Here are a couple of our key partners:

- **Any Baby Can:** Specializes in early childhood intervention and provides tailored developmental services to young children.
- **Travis County Integral Care:** Offers mental health services and support for young children, addressing their emotional and psychological development needs.



of Children at Saint Louise House
are *under the age of 5*.

Thank you for your interest in learning more about our efforts.



Questions?