

**UNIVERSITY OF
INDIANAPOLIS**

CENTER FOR AGING & COMMUNITY

Presented by:

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CORTEZ
CONSULTING

Austin Older Adult Quality of Life Study October 2024 Status Update

University of Indianapolis Center for Aging & Community

Vision

The University of Indianapolis Center for Aging & Community is a catalyst for change that leads to a world in which all people age with dignity and optimal health.

Mission

The University of Indianapolis Center for Aging & Community collaborates, educates, and conducts research to **enhance the quality of life** for all people as they age.

CORTEZ CONSULTING MISSION

To facilitate positive change with culturally inclusive practices that build strong relationships within the community.

We strive to:



INFORM



EDUCATE



EMPOWER

the communities we serve.

Project Vision: Goal

- **Research Question:** What is the current quality of life for Austin residents ages 50 and older, and what roles do these older adults want their city government and its partners to play in ensuring every Austin resident lives their own best aging experience?

Project Plan: Timeline and Responsibilities



Project Activity	Responsible Party	Month/Months
Landscape and Background Research	CAC , Cortez Consulting, Commission on Aging	August - September 2024
Community Engagement	Cortez Consulting , CAC, Commission on Aging	August – October 2024
Data Collection Plan	CAC , Cortez Consulting, Commission on Aging	August – October 2024
Qualitative Data Collection	Cortez Consulting , CAC	November 2024 – February 2025
Qualitative Data Analysis	CAC	November 2024 - March 2025
Preliminary Findings Touchbase	CAC , Cortez Consulting , Commission on Aging	March 2025

Project Plan: Timeline and Responsibilities

Project Activity	Responsible Party	Month/Months
Survey Tool Design	CAC , Cortez Consulting	March 2025
Quantitative Data Collection	CAC , Cortez Consulting	April - June 2025
Quantitative Data Analysis	CAC	April – August 2025
Power Analysis	CAC , Cortez Consulting, Commission on Aging	August 2024 – August 2025
Final Written Report of Findings	CAC , Cortez Consulting	August 2025
Dissemination of Findings	CAC , Cortez Consulting, Commission on Aging	September 2025

What's Next?

- Establish relationships with community organizations and powerbrokers
- Data Collection Plan
- Obtain IRB approval
- Host focus groups
- Analyze qualitative data

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CENTER FOR AGING & COMMUNITY

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