

1.8.25

MACC Staff Report – [Website](#) - [Facebook](#) - [Instagram](#)

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

## Holistic Wellness Programming

**Past:**



### 2nd Annual Tamalada

**Saturday, December 7 @ 1:30-5pm**

**Conley-Guerrero Senior Activity Center**

**Attendance: 89**

Participants learned how to make traditional tamales with Doña Reyna from Veracruz All Natural. They also got to make corn husk dolls and holiday ornaments. Jesus Garcia from Herbal Action Project helped folks made their own champurrado kits!

Participants left with some tasty tamales and recipes, and everyone really enjoyed this all-ages, bilingual event. ADA interpretation was also an appreciated feature at this event!

**All-Levels Yoga: Saturdays @ 10:30-11:30am (No classes Dec. 21, 28, Jan. 4)**

**Southeast Library**

**Attendance:16**

Focuses on body awareness, connection with the breath. with gentle movement, and time for meditation and relaxation. The library has mats to share.

**Chair Yoga: 3rd Friday of each month @ 10:30am**

**Yarborough Library**

**Attendance: 11**

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.

**Healing Garden Workday (16+): Sunday, December 8 @ 9-11am**

**Sunset Valley Community Garden**

**Attendance: 4**

At the ESB-MACC's Healing Garden, we grow herbs that can be used in everyday health. If you are interested in gardening or sharing in our harvest, join us for one of our workdays. Volunteers will be working hands on maintaining the garden and its infrastructure. Pre-registration required.

**Volunteer Club: Gift Sorting (16+): Thursday, December 12 @ 1:30-4:30pm**

**Salvation Army Angel Tree Warehouse**

**Attendance: 9**

Volunteers may unpack and organize toys and clothing, set up shelving, decorate, answer phones, and fulfill wishes for children, etc. Pre-registration required.



**Women's Circle (16+): Sunday, Dec 15 @ 3:30-5pm**

**The Center for Arts + Healing**

**Attendance:16**

Join us to share in plática (heart-centered conversation), self-care practices, and canto (song). This is a time to connect with others, nurture yourself, and refill your cup under the light of the full moon.

**Upcoming**

**All-Levels Yoga: Saturdays @ 10:30-11:30am (No classes Jan. 4, 11)**

**Southeast Library**

Focuses on body awareness, connection with the breath. with gentle movement, and time for meditation and relaxation. The library has mats to share.

**Chair Yoga: 3rd Wednesday of each month starting January @ 10am**

**Dove Springs Recreation Center**

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.

**Chair Yoga: 3rd Friday of each month @ 10:30am**

**Yarborough Library**

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.

A promotional poster for 'Taller Abierto: Drawing and Painting Workshop (15+)'. The poster features a yellow background with various art supplies like pencils, pens, and brushes. Text on the poster includes: 'Taller Abierto Drawing and Painting Workshop (15+)', '4th Sat of each month @ 2-4pm', 'North Village Library 2505 Steck Rd, 78757', 'Art classes for all levels. Includes exploration of different techniques. All materials provided!', 'Pre-registration required. Please email maccwellness@austintexas.gov or Austintexas.gov/esbmac', and a QR code. At the bottom, there is a small disclaimer: 'The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 979-3272 or Relay Texas (711)'. Logos for 'Arts &amp; Humanities Resource Development Cultural Center' and 'Austin Public Library' are also present.

**Taller Abierto: Painting and Drawing (15+): 4th Saturdays of each month 2-4pm**

**North Village Library**

Art classes for all levels that includes exploration of different techniques. All materials provided! Pre-registration required.

**Taller Abierto: Lending Library Painting (18+): Tuesdays, Jan 14-Feb 18 @ 9-11am**

**Dove Springs Recreation Center**

**Women's Circle (16+)**  
 in partnership with The Center for Arts + Healing  
**Sunday, Jan 12 & Feb 16 @ 3:30-5pm**  
**The Center for Arts + Healing**  
**10202 Wommack Rd, 78748**  
 Pre-registration requested by Mon, Jan. 6  
 Please email Lorie Martinez at  
 maccwellness@austintexas.gov  
 Austintexas.gov/esbmacc

FREE!

\*\*Todas las actividades son bilingües - inglés y español

**Women's Circle (16+): Sundays, Jan 12 and Feb 16**

**@ 3:30-5pm**

**The Center for Arts + Healing**

Join us to share in plática (heart-centered conversation), self-care practices, and canto (song). This is a time to connect with others, nurture yourself, and refill your cup under the light of the full moon.

**Slow Flow + Sound Healing: 4th Saturdays of each month @ 1:30-2:30pm**

**My Vinyasa Practice- Highland Studio**

Join us for a serene and rejuvenating yoga experience. Designed to melt away stress and tension, this class combines gentle yoga poses, breathing techniques, and guided relaxation. The final relaxation includes sound healing bowls to help calm the mind, ease the body, and enhance overall well-being. Great for all levels.

**Nourishing Flow: 1st Saturdays of each month @ 1:30-2:30pm**

**My Vinyasa Practice- SoCo Studio**

A gentle and restorative yoga class that invites you to reconnect with your body and breath. Through mindful movement, soothing breathwork, and the healing power of sound, we'll cultivate a deep sense of relaxation to support the nervous system in finding balance.

**Voice/ Guitar/ Songwriting Lessons**  
**Beginner & Intermediate (15+)**  
 with Javier Jara

**Mondays @ 4-5pm**

**Windsor Park Library**  
 5833 Westminster Dr, 78723

FREE!

Pre-registration requested by January 22.  
 Please email maccwellness@austintexas.gov

**Voice/Guitar/Songwriting Lessons: Beginner/Intermediate**

**(15+): Mondays, starting Jan. 27 @ 4-5pm**

**Windsor Park Library**

Join award winning song-writer Javier Jara for voice, guitar and songwriting lessons. Skills addressed: left and right hand technique, chords, arpeggios, strumming patterns, vocal technique, and songwriting approaches. Please bring your own guitar. Pre-registration required.

**Guitar Lessons (15+)**  
 with Mauricio Callejas

**Tuesdays**

Beginner: 3-3:30pm  
 Intermediate: 3:45-4:15pm

Classes resume Jan. 28 2025!

**George Washington Carver Museum**  
 1165 Angelina St, 78702

Pre-registration requested by Jan 22.  
 Please email maccwellness@austintexas.gov

FREE!

**Guitar Lessons (15+): Tuesdays, starting January 28**

**George Washington Carver Museum**

**Beginner 1:45-2:15pm Intermediate 2:45-3:30pm**

Join accomplished musician Mauricio Callejas for guitar lessons for beginners (finger placement, strumming, sight-reading) and intermediate (chord progressions, ear training, reading sheet music) students. Please bring your own guitar. Pre-registration required.

**Will Clinic**  
 in partnership with Hardie Alcozer Law Firm

**Saturday, February 1 @ 9-3pm**  
**Hardie Alcozer Law Firm**  
 1501 S Mopac Expy, Suite 150, 78746

We'll guide you in creating a basic will, ensuring your wishes are legally documented and your families are protected. We want to help individuals gain peace of mind about their estate planning.

Space is LIMITED  
 Pre-registration required by Friday, Jan 24.  
 Please email Lorie Martinez at  
 maccwellness@austintexas.gov  
 Austintexas.gov/esbmacc

FREE!

\*\*Todas las actividades son bilingües - inglés y español

**Will Clinic: Saturday, February 1 @ 9am-3pm**

**Hardie Alcozer Law Firm**

Our goal is to help community members create basic wills, ensuring their wishes are legally documented and their families are protected. We want to help individuals gain peace of mind about their estate planning. Pre-registration required by January 24.



**Film Screening-A Most Beautiful Thing: Thursday, February 6 @ 6-8:30pm**

**George Washington Carver Museum**

As part of the Carver Museum "That's My Face" Special Edition, this film chronicles the first African American high school rowing team (many of whom were in rival gangs from the West Side of Chicago), all coming together to row in the same boat. Based on the memoir by Arshay Cooper.

## Youth and Family Education

### Fiestas y Recuerdos Youth Art Exhibit



Visit the [exhibit webpage](#) and share it with anyone who has young artists at home or works with kids!

Parents, teachers, guardians, etc. should use [the online form](#) to submit **photographs of youth artwork by January 31, 2025**. The exhibit is expected to go live and available to view on **February 12, 2025**. *Drawings, paintings, photos- any student artwork!*



### Sábados en Familia

The Education Team hosted their last "Sábados en Familia" event of 2025 at the Windsor Park Branch Library, where they read 'Twas Nochebuena and created Poinsettia windsocks with **37** participants.

Join them **on January 11th at 12:00 PM** at the **Twin Oaks Branch Library**, as they read "Sana Sana Colita de Rana" by Citlali Reyes. In this story, after suffering a boo-boo while playing with her brother and her plush sidekick, Mister Rana, Tina's dream of becoming a great wrestler is put to the test. Her injury leads her to question her aspirations, especially since her brother believes that girls aren't meant to be good wrestlers. However, Tina will discover that with a little love and a touch of "sana, sana, colita de rana," girls can accomplish anything! Participants can create their own luchador masks at this event!



### CIS After School Program

The Communities in Schools Afterschool Program wrapped up the year by celebrating Las Posadas. The Education Team provided treats, snacks, and organized a piñata for the after-school participants. Spring programming will resume on January 13th.

## Lending Library

In December, the Lending Library program visited the Northwest and Pan Am Recreation Centers. Participants learned about *repujado* and weaving, as well as holiday traditions like Posadas and Nochebuena. The Education Team will visit Givens and Montopolis Recreation Centers in January.



## Spring Break and Summer Camp Registration

“Siembra” Spring Break Camp and “Raices” Summer Camp registration is just around the corner! All Summer Camp information can be found at the [PARD’s Summer Camp webpage](#). Camps are for students 5-12 years old.

The Emma S. Barrientos Mexican American Cultural Center's  
**Siembra**  
Spring Break Camp

**Location:**  
Asian American Resource Center  
8401 Cameron Rd, Austin, TX

**Registration Date:**  
February 8th, 2025

**Camp Dates:**  
March 17th-24th, 2025

**Cost:**  
\$140 for residents  
\$220 for non-residents

**AGES 6-12 YEARS OLD**

Find more info at:  
[AustinTexas.gov/MaccCdu](http://AustinTexas.gov/MaccCdu)

The poster features illustrations of a green car, a blue car, and a person holding a globe.

### Spring Break Camp “Siembra”

Spring Break camp registration will begin on Saturday, February 8th, at 10:00 am.

The dates for **Siembra Spring Break Camp** are **March 17, 18, 19, 20, 21**. It’s a one-week camp.

The fee is **\$140 for residents, \$220 for non-residents**.

The Emma S. Barrientos Mexican American Cultural Center's  
**Raices**  
2025 Summer Camp

**Asian American Resource Center**  
8401 Cameron Rd, Austin TX

**June 9–August 13**  
7:30am–6:00pm  
\*3 Sessions (2 Weeks per Session)  
June 9th – June 27th  
June 30th – July 19th  
July 21st – August 9th

**AGES 5-12 YEARS OLD**

Find more info at:  
[AustinTexas.gov/SummerCamps](http://AustinTexas.gov/SummerCamps)

The poster features illustrations of three children and a colorful woven blanket.

### Summer Camp “Raices”

Registration will begin on February 22<sup>nd</sup> at 10:00 am.

\*Families qualifying for financial aid will have early registration access starting February 1st.

The **Raices Summer Camp** is divided into 3 3-week sessions:

Session 1- 6/9 – 6/27

Session 2- 6/30 – 7/18

Session 3- 7/21 – 8/8

## NEW THIS YEAR FOR THE ESB MACC: FREE SUMMER CAMP DROP-IN DAYS!

At the end of the Summer Camp season, the ESB MACC will offer 3 free drop-in days:

**Monday, 8/11**

**Tuesday, 8/12**

**Wednesday, 8/13**

Ages: 5-12 Years Old. Slots are limited on a DAILY first come first served basis. You can choose what days to join according to your schedule. Drop by when convenient for you. Pre-registration does not guarantee your spot, just ensures you can have a quicker drop off the days that you attend.

# Academia Cuauhtli Bilingual Education Program



Academia Cuauhtli is thrilled to kick off a new semester featuring Danza Mexica, led by Maestra Rosa Tupina Yaotonalcuauhtli. Classes will run from 9am-12pm every Saturday **from January 25 to February 22** at **Sanchez Elementary**. We've also planned an exciting field trip to the Tanko Institute and the ICI Summer Youth Encounter on February 1st to further explore Indigenous-based youth programs in Central Texas.

If you're interested in attending our Saturday school or registering a student, please email [katya.guzman@austintexas.gov](mailto:katya.guzman@austintexas.gov). **Registration is open until January 15.**

## Financial Aid for Youth Programs Workshop

Join us on Thursday, January 16, from 6:00 to 8:00 PM at the Asian American Resource Center to register for financial assistance for youth programs hosted by the City of Austin.



### Eligibility:

- Youth living within the Austin city limits
- One of these:
  - Qualify for free or reduced lunch
  - Attend a CEP school
  - or are Enrolled in the Austin Energy Customer Assistance Program

### Benefits:

- 50% off program costs
- Early registration access
- Up to \$700 in scholarship funds

RSVP: [bit.ly/FinancialAid2425](https://bit.ly/FinancialAid2425)

For any questions email: [katya.guzman@austintexas.gov](mailto:katya.guzman@austintexas.gov)

## Financial Aid for Youth Programs Registration Workshop

🕒 Thursday, January 16th, 6:00 - 8:00 p.m.

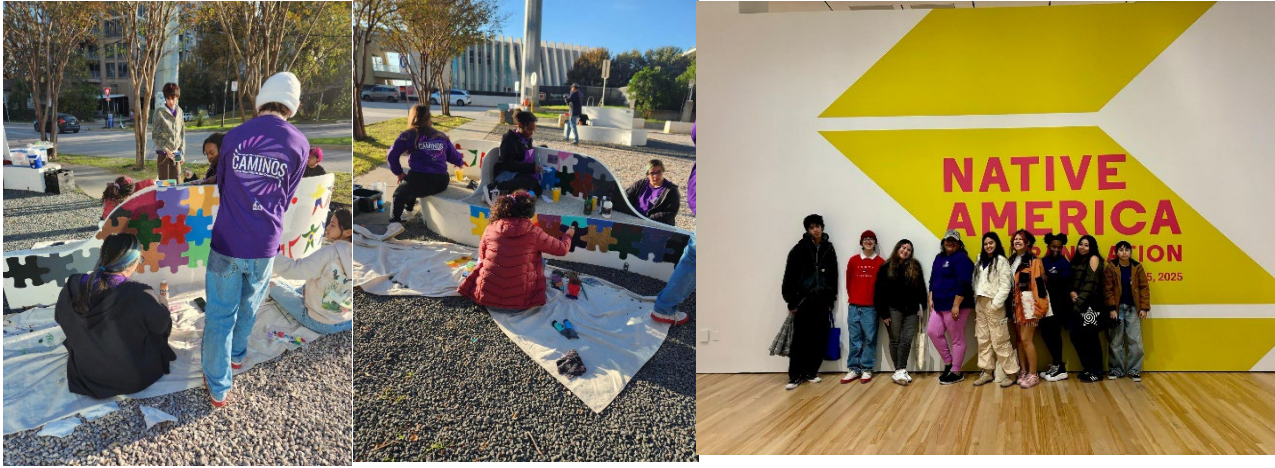
🏠 Asian American Resource Center

Join us on to register for financial aid for youth programs hosted by City of Austin! We will provide a quick presentation on financial aid, eligibility, benefits, and on-site registration for eligible families. Then, you will be able to register for any City of Austin camp, including the MACC Summer Camp, at a reduced cost!

RSVP Form: [bit.ly/FinancialAid2425](https://bit.ly/FinancialAid2425). Questions?

Email [katya.guzman@austintexas.gov](mailto:katya.guzman@austintexas.gov) / (512) 974-3778.

## Caminos Teen Leadership Program



Students in the Caminos Teen Leadership Program visited the Blanton Museum and enjoyed learning about Latino artists. Caminos started work on the Pocket Park located across the street from the Mexican American Cultural Center alongside artist Miguel Santana who is their mentor for this project.

For the holidays, the Caminos Teens hosted their own posada sharing traditional dishes from each of their own cultures including Taiwanese, Venezuelan, Puerto Rican, Mexican and African foods. They also learned the history behind posadas and the traditional pinatas and why they were made with 7 cones.

## Outreach and Marketing

### Outreach - Past



**CityWorks Academy**  
City Hall -Graduation Ceremony  
December 16, 6-8pm

### LatinFest at Canopy

Outreach Table at Latinx-focused event.

December 15<sup>th</sup>, 12pm-5pm

Canopy, Springdale Rd.

Vendor market included [Armonia](#)- one our Caminos graduates Steve is the creator of the brand!



## Outreach Events- Upcoming

### January 14- HAL- Hispanic Austin Leadership Academy (GAHCC)

Will present visual slides on the ESB MACC and invite Leadership Academy participants to nominate for Awards of Excellence.

### January 22- Youth College & Career Fest

Teaming up with the Caminos folks to promote Breaking Barriers Teen Conference at the end of March



## Staff Research, Tours, & Field Trips

### December 18- Visit to the Thinkery

Staff toured and asked questions about educational programming, site management, etc

### January 15- Staff Trip to San Antonio Cultural Art Institutions

Staff visits to SAY SI, Guadalupe Cultural Arts Center, and Centro de Artes (San Antonio)

### December 4 & 11- Staff Tours of the MACC Building

ESB MACC Staff toured the MACC building and got to see the progress of the Phase 2 Expansion & Renovation!



## Signature Events

Predicted Dates for Our Signature Events in 2025:





**La Mujer**

**April 26, 2025**

**Parque Zaragoza**

*Potential Themes for La Mujer include:*

Mental Health/ Ancestral Healing/ Wellness

Highlighting Changemakers

Connection to the Environment

Reproductive Rights

Entrepreneurship

*\*Contact Estrella.DeLeon@austintexas.gov*



**Awards of Excellence**

**Saturday, June 21 or Saturday, June 28, 2025**

**Long Center- Kodosky Lounge**

Nominations for Awards of Excellence will be open January 27<sup>th</sup> to March 3<sup>rd</sup>. Board members cannot nominate, but they can encourage others to send in nominations! [Awards of Excellence webpage](#)



**Viva Mexico**

**Saturday, Sept 13, 2025**

**Location TBD (Parque Zaragoza)**



**Dia de los Muertos**

**Saturday, November 1, 2025**

**Location TBD (ESB MACC)**