



“To Empower Public Safety Workers to achieve Lifelong Wellness.”



AUSTIN PUBLIC SAFETY WELLNESS CENTER

Public Safety Cancer Screenings

- Annual Exams include the following screenings:
 - Lung - Spirometry
 - Bladder - Urinalysis in urine sample
 - Prostate - Prostate Specific Antigen in bloodwork for those 40 and over
 - Thyroid - Checking thyroid stimulating hormones (TSH) for those who are high risk



Screenings through Education

Include:

- Breast - self-screening education, mammography recommendation
- Testicular - self-screening education
- Cervical - general recommendation for a pap smear every 3 years,
- Oral – education
- Colorectal - education and recommendation for a colonoscopy when age guidelines are met

Third-party collaboration:

- Skin – screenings available monthly



Additional initiatives

PFAS tests:

- 78 tests have been performed – grant funded

Ongoing education:

- Annual attendance at the International Fire Service Cancer Symposium – University of Miami School of Medicine

