

# Therapeutic Recreation Services



Austin Parks and Recreation

# Therapeutic Recreation Services

Provides recreation opportunities for individuals with disabilities throughout the City of Austin.

- McBeth Recreation Center
- Alamo Recreation Center
- Dottie Jordan Recreation Center
- Parque Zaragoza Recreation Center
- Modifications and Support



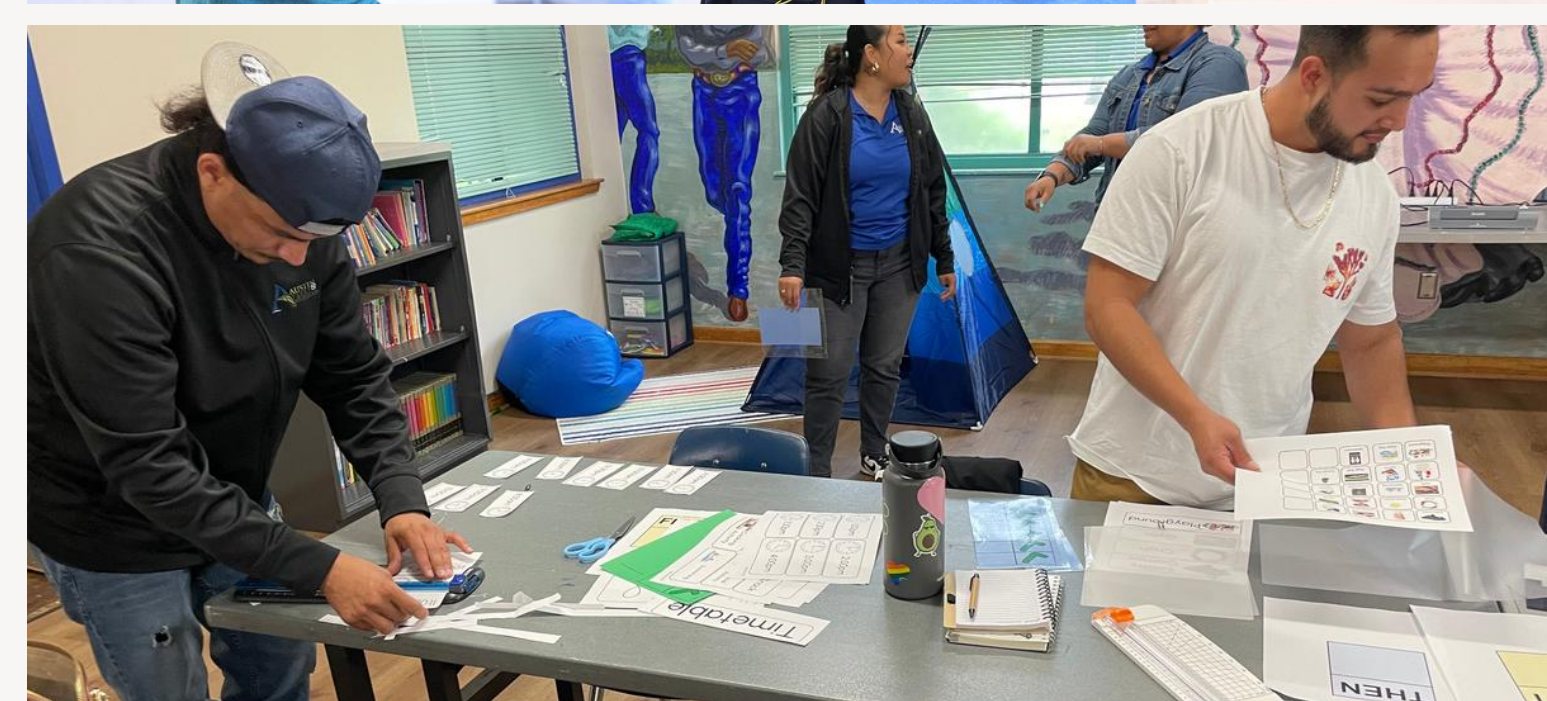
# Therapeutic Recreation Logistics

## Current Individuals Receiving TR Services

- Youth - 472
- Adults - 867

## TR Program Employees

- 18 Full Time Employees
  - 16 Certified Recreation Therapists
- 47 Temporary Employees providing hands-on support.



# Therapeutic Recreation PROGRAMS



## Adult

- Adult day programs
- Special Olympics
- Enrichment
- Job Skills



## Youth & Teens

- Youth Therapies
- Enrichment
- Young Athletes
- Summer Camp



## Special Events

- APD Community Connect
- Adaptive Field Day
- Art in the Park

# Therapeutic Recreation Modification & Support

- Participant Assessment, Modification Planning and Parent review meeting
- Youth Program - Support Staffing
- After-School, Camp Day & Summer Camp
- Inclusion Support Staff Trainings
- ASL Interpreters



THERAPEUTIC RECREATION IS GROWING RAPIDLY &  
DEMAND IS **OUTPACING OUR ABILITY** TO MEET IT.

ADDITIONAL INVESTMENTS WOULD ALLOW  
THERAPEUTIC RECREATION TO ENHANCE CURRENT  
SERVICES & EXPAND OFFERINGS.



# Future Growth Opportunities

- Materials to implement universally designed spaces & programs across department
- Additional adaptive tools and support materials to address ongoing requests for program modifications
- Parent and caregiver support and education programs
- Development of new enrichment programs (youth, teens, adults)
- Expansion of Therapeutic Recreation therapy groups for youth & teens

**Learn more on our  
website**



**Austin**

Austin Parks and Recreation